



# **National Chronic Non-Communicable Disease Commission (Grenada)**

## **Strategic Plan January 2026 – December 2028**

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# **National Chronic Non-Communicable Disease Commission (Grenada)**

On 15<sup>th</sup> September 2007, the CARICOM Heads of Government met to discuss the rising burden of Non-Communicable Diseases (NCD) in the Caribbean at a special regional summit in Port-of Spain, Trinidad. The Declaration of Port-of Spain stemmed from this meeting, calling for a united response to stop the epidemic of NCDs. The mandate for multisectoral action and national-level implementation led to many CARICOM states establishing national NCD commissions. The declaration emphasized the need for public education, research, surveillance and a focus on risk factors, including tobacco use, alcohol abuse, sedentary lifestyle and unhealthy diets.

The Grenada National Chronic Non-Communicable Disease Commission (NCNCDC) was provisionally an advisory Commission which became fully active on 20<sup>th</sup> June, 2010. Following a hiatus during the Covid-19 pandemic, the body reconvened in November 2022 and remains active. The Commission is a Cabinet of the Grenada Government appointed entity with Terms of Reference (TOR). Other stakeholder organizations are invited to participate through organization-selected representatives. The Commission is assigned to, inter alia, assist with the development of NCD policies and legislation, raise awareness about NCDs and prevalence, and assist with mobilizing resources to implement NCD community prevention and control programs.

The collaboration between government and non-governmental organizations is highly beneficial for the quality of the NCNCDC's activities. The multidisciplinary team ensures an inclusive and comprehensive approach is taken to tackling NCDs in Grenada, ranging from an advisory role to government to supporting implementation through partner organizations across the State of Grenada. The work, however, must be systematic and organized to ensure sustainability, reach, and impact are achieved. Over the years, it was recognized that strategic planning was necessary, aligning goals and deliverables of the Commission to the TOR. A strategic plan will also enable the Commission to undertake measurements of its impact across the various levels of engagement. These results are accountable to both the Government of Grenada, through the Ministry of Health and the people of Grenada.

The Commission developed this Strategic Plan through a consultative process. The Strategic Plan is a progressive document, designed for periodic review and updating. This Plan outlines the strategic areas of work and activities for the NCNCDC for a 3-year period from January 2026 to December 2028. The objectives are aligned with the program goals, and activities are defined for development and implementation during the period.

**Dr. Jane Noel** M.A. M.B. B.Chir. (C.A.N.T.A.B.)

Chair

Grenada National Chronic Non-Communicable Disease Commission

The following representatives comprise the NCNCDC and contributed to the development of the Strategic Plan:

Dr. Caroline Jane Noël – CHAIR – NCNCDC  
Dr. Shawn Charles – Chief Medical Officer - Ministry of Health  
Dr. Anneeth McLeish – NCD Focal Point - Ministry of Health  
Ms. Camille Isaac – Chief Pharmacist- Ministry of Health  
Ms. Nesta Edwards – Chief Nursing Officer- Ministry of Health  
Ms. Elizabeth Japal- Drug Control Officer- Ministry of Education  
Ms. Larissa Mark – Epidemiologist – Ministry of Health  
Ms. Alice Jones - 4H – Ministry of Agriculture  
Ms. Perlene Richmond Mitchell – Division of Youth – Ministry of Youth and Sport  
Dr. Lindonne Telesford – Grenada Public Health Association  
Dr. Sonia Nixon – Grenada Cancer Society  
Dr. Rachel George-St. Bernard – Grenada Medical Association President  
Ms. Evelyn Davis – T.A. Marryshow Community College  
Dr. Terence Walters – National Disaster Management Agency  
Ms. Charisse Bristol – Grenada Food and Nutrition Council  
Dr. Kesava K, Mandalaneni – Grenada Heart Foundation  
Dr. Prakash Ramdass – Public Health -St. Georges University  
Rev. Greta St. Hill – Grenada Conference of Churches  
Ms. Esther John-Charles - Grenada Nurses Association  
Ms. Kathy Ann Mitchell-Victor – Grenada Nurses Association  
Ms. Renee Thomas – Youth representative NCNCDC  
Mr. Cedric Mitchell – Grenada Chamber of Industry and Commerce

# Chronic Non-Communicable Diseases and Prevalence in Grenada

Chronic non-communicable diseases such as diabetes, hypertension, respiratory diseases, heart disease, cancers, seizure disorders, obesity, sickle cell and those associated with an aging population are major health concerns in our tri-island state.

Though no concrete data on prevalence are available for some of those conditions, healthcare professionals have been reporting obvious increases in the complications of those diseases stimulating the need for screening and prevention measures.

**Diabetes:** The increasing rates of diabetes are concerning and require enhanced public health strategies to address risk factors and improve management.

**Hypertension:** In a recent community outreach at the Market square , St. Georges (May 17,2025), it was noted hypertension increased with age, with the highest percentage presentation (36%) occurring between 50-59 age group and women more than men. This correlates with the national and international data.

**Obesity:** A 2012 PubMed publication indicated that 57.7% of Grenada's population is overweight fuelling the rise in NCDs and highlighting the need for programs like Grenada Moves.

**Heart Disease:** One of the leading causes of morbidity and mortality necessitating PAHOs intervention with Healthy- life style counselling, Evidence- based protocols, Access to essential medicines & technology, Risked based CVD management, Teamed-based care and Systems for monitoring (HEARTS Project)

**Respiratory Disease:** With greater exposure to air pollutants and other environmental factors like Saharan dust, tobacco smoke, burning brush, increases the incidence and prevalence of respiratory diseases.

**Cancers:** Prostate, breast, cervical and other cancers accounts for a significant percentage of deaths. The organisation of the Cancer Registry will provide useful information to guide healthcare professionals.

Sickle cell disease, lupus, seizure disorder and an aging population poses a challenge for management, highlights the need for specialized age-specific care, collaboration or interventions that promotes healthy lifestyles and addresses risk factors.

**Dr. Anneth McLeish** BSc (Hons), MD, MBA, MPH  
SMO with responsibility for Chronic Non-Communicable Diseases  
Ministry of Health, Grenada

# **National Chronic Non-Communicable Disease Commission Partners/Collaborators**



- Ministry of Agriculture and Lands, Forestry And Marine Resources, Grenada
- Ministry of Education
- Ministry of Youth and Sports, Grenada
- Division of Youth, Grenada
- Grenada Drug Control Secretariat
- St Georges University (Department of Public Health and Preventive Medicine)
- Grenada Food and Nutrition Council
- Grenada Medical Association
- National Disaster Management Agency
- Caribbean Cancer Portal
- Conference of Churches
- Grenada Heart Foundation
- Grenada Cancer Society
- Rotary Club of Grenada
- Rotary Club of Grenada East

## Vision and Mission

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### **Vision**

To be the primary advisor to the Government of Grenada and the forefront advocate and support for the Government and people of the State of Grenada to address NCDs, applying the most integrative and effective strategies to reduce and manage the prevalence of the diseases.

### **Mission**

Our mission is to guide and support stakeholders at all levels of the Grenadian society to adopt effective measures that are scientific and evidence-based to address the rising prevalence of NCDs in the country. We will advocate for social change, working closely with all stakeholders at the government and community levels in the fight to ensure a healthier population.

## Value Statements

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Our core values will guide the practices of the NCNCDC. We will strive to provide valuable advice, advocate effectively for change, and support awareness and capacity building in an inclusive and professional manner.

**COMMITMENT:** We are committed to providing professional services to the Grenadian community.

**RESPECT:** We care to protect the dignity and worth of every human being.

**RESULT ORIENTED:** We work to achieve intentional positive outcomes for the Grenadian people.

**COMPETENCE:** We strive to always be effective and successful in deliverables.

**TRANSPARENCY:** We cherish openness and honesty in our approaches.



## Blueprint for Success

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Our multidisciplinary team will provide advice and support to the Government and people of Grenada to successfully combat the rising prevalence of NCDs in the country. A results-oriented approach will demonstrate the effectiveness of the Commission.

### **Services Directly Target Population Needs**

*Priority focus on environmental, social, and economical factors that have the most significant adverse health impact on the largest segment of the population.*

### **Targeting inclusion of all critical stake holders**

*Advising, advocating for and making education accessible to the stake holders that are most impacted as well as having the strongest influence for social change.*

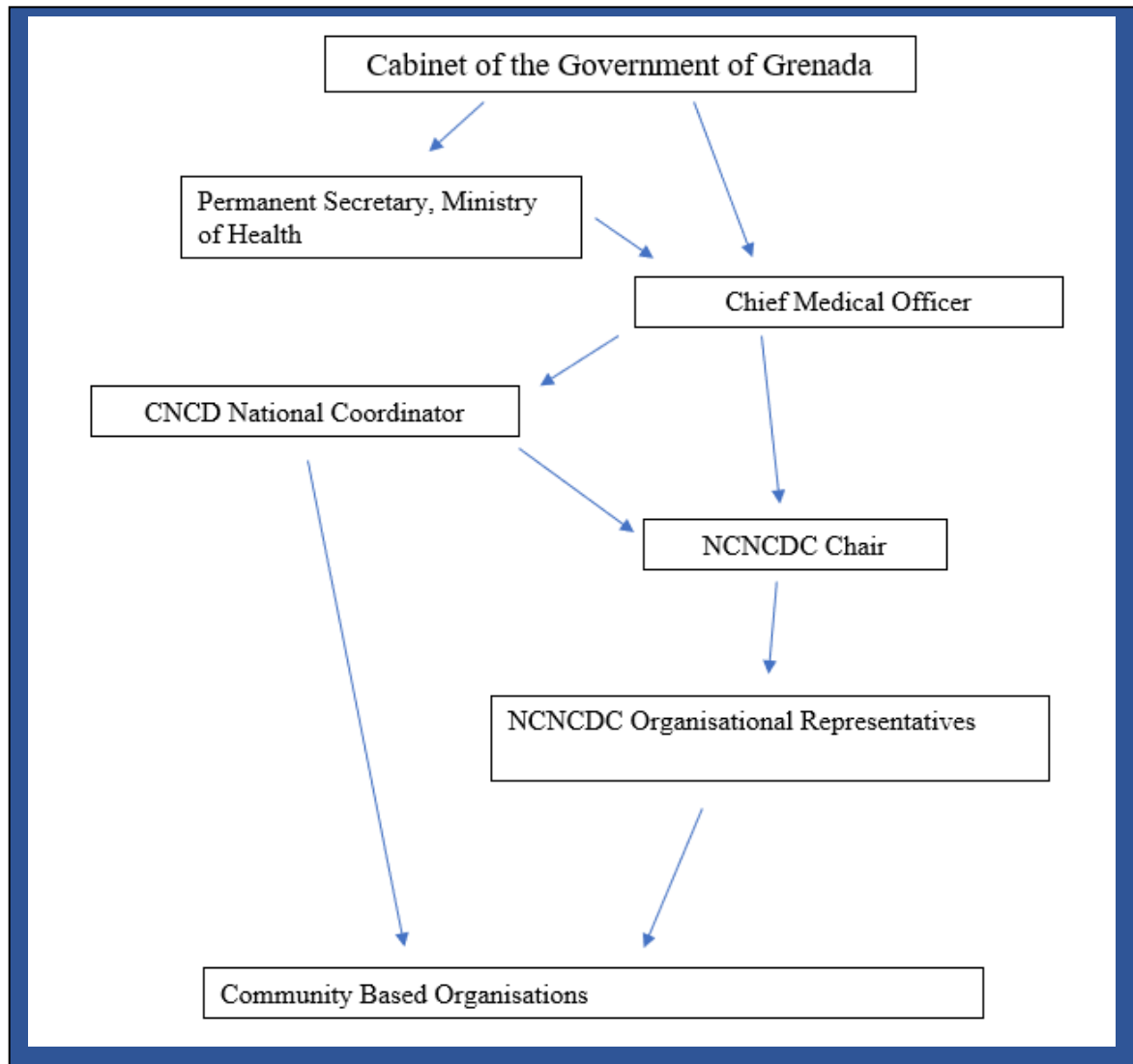
### **Multidisciplinary Team**

*A team of medical and allied health professionals capable of strategizing, advising and advocating for effective measures to address chronic non communicable disease.*

### **Prevention At The Core**

*Preventive health is a primary focus to maintaining a state of optimal physical, spiritual, mental, and emotional well-being.*

# Organizational Chart



## SWOT Analysis

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### Strengths

- Professional diversity in the membership of the Commission, enhancing planning capacity
- Representation of a cross section of sectors in planning and oversight to improve functionality
- Interaction with a senior level of the Ministry of Health and the Cabinet of the Government of Grenada.

### Weaknesses

- Limited financial resources for material and delivery
- Absence of a structured mechanism to evaluate impact
- Time constraints for Commission members to undertake activities

### Opportunities

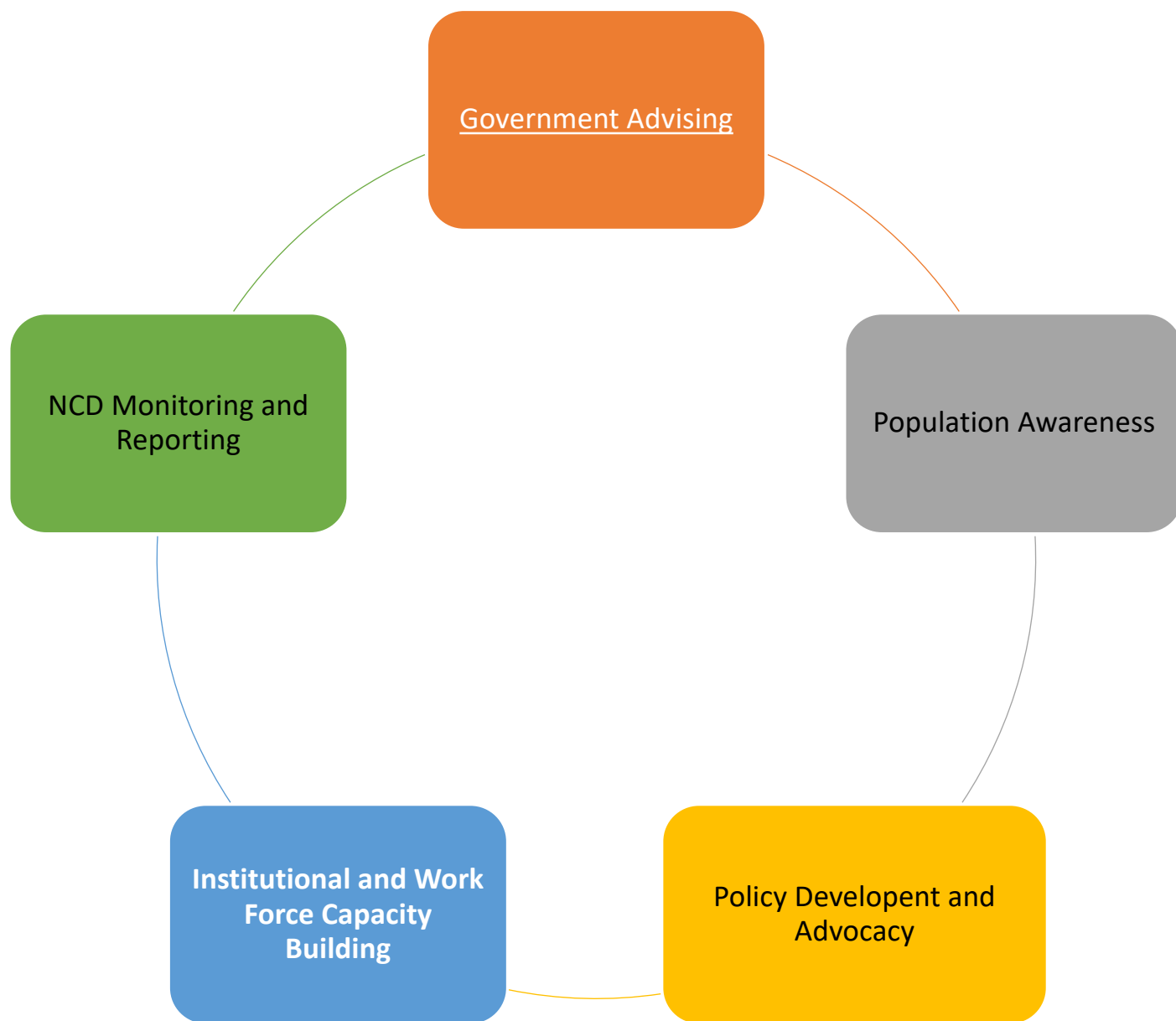
- Qualified personnel available locally for professional delivery of various activities
- Existence of potential local and regional partners to support mobilization and delivery
- Multiple local and regional organizations with a high interest in NCDs

### Threats

- Competing focus and interest of the Ministry of Health
- Limited capacity residing in the Ministry of Health for implementation and evaluation
- Absence of data to inform the work of the Commission.

## Strategic Areas of Work from TOR

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# Strategic Goals

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## 1. Government Advising

1.1: Appropriate advice to ministers of health-influencing ministries on new and emerging evidence for the management and control of chronic non-communicable disease.

## 2. Population Awareness

2.1: Increased awareness of the public and decision makers of the burden of chronic diseases of local and regional significance.

2.2: Increased collaboration with media to disseminate relevant information.

2.3: Increase awareness of evidence-based interventions to prevent and control chronic NCDs.

## 3. Policy Development And Advocacy

3.1: Increased support for policies to advance education for chronic NCD prevention and patient support.

3.2: Advocate for effective multisectoral NCD policy and programme implementation.

3.3: Maintain alignment with policies, priorities, and programmes of Ministry of Health and other ministries, ensuring inclusion of health in all policies.

## 4. Institutional and Work Force Capacity Building

4.1: Support research targeting the upstream and downstream determinants of health.

4.2: Support local NCD organisations through capacity evaluation and training.

## 5. Outcome Monitoring and Evaluation

5.1: Monitor regional and international trends for recommendations for national responses.

5.2: Facilitate the commissioning of evaluation of aspects of CNCDs programmes.

# Objectives

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## **Goal 1.1: Appropriate advisement to ministers of health-influencing ministries on new and emerging evidence for the management and control of chronic non-communicable disease.**

### *Objectives*

*Increase advisement to government on:*

- *Food security availability, affordability and importation*
- *Environmental and workplace wellness issues*
- *Measures to increase participation in physical activity*
- *Tobacco and alcohol control*
- *Scientific and culturally specific strategies to promote healthy lifestyles*
- *Treatment and care, including access to essential medicines, alternative medicines, and technologies.*
- *Childhood obesity and a healthy school environment.*
- *Climate change related to health*
- *Mental Health*
- *Emerging environmental determinants of chronic disease, including air and water, sanitation and hygiene (WASH)*

## **Goal 2.1: Increased awareness of the public and decision makers on the burden of chronic diseases of local and regional significance.**

### *Objective*

- *Increase education to the public and target groups on NCD prevention and risk management.*

**Goal 2.2: Increased collaboration with media to disseminate relevant information.**

***Objectives***

- *Increase the online media presence of the NCNCDC to disseminate information to a wider audience*
- *Increase collaboration with media houses to form dedicated support for advertising events and disseminate information to a wider audience*
- *Increase collaboration with the Ministry of Health media team for support in graphic material production and dissemination*

**Goal 2.3: Increase awareness of evidence-based interventions to prevent and control chronic NCDs.**

***Objectives***

- *Monitor, collate, and disseminate contemporary information from regional leading organizations such as Healthy Caribbean Coalition (HCC), Pan American Health Organization (PAHO), World Health Organization (WHO), and Caribbean Public Health Agency (CARPHA) related to Chronic NCD control.*

**Goal 3.1: Increased support for policies to advance education for Chronic NCD prevention and patient support.**

***Objectives***

- *Actively continue review and development of policies for NCD education, prevention, and patient support*

**Goal 3.2: Advocate for effective multisectoral NCD policy and programme implementation.**

***Objectives***

- *Engage and lobby key stakeholders to increase support for NCD prevention through policy implementation*

**Goal 3.3: Maintain alignment with policies, priorities, and programmes of Ministries of Health and other ministries, ensuring inclusion of health in all policies.**

***Objectives***

- *Review new and emerging ministry policies with a view to ensuring health inclusion in all policies.*

**Goal 4.1: Support research targeting the upstream and downstream determinants of health.**

***Objectives***

- *Support research through collaboration with academia to increase local data related to NCDs to drive policy.*

**Goal 4.2: Support local NCD organisations through capacity evaluation and training.**

***Objectives***

- *Conduct gap analysis of the human and material resource capacity of local NCD organisations.*
- *Provide targeted training to fill the gaps in local NCD organizations' capacity.*

**Goal 5.1: Monitor regional and international trends for recommendations for national responses.**

***Objectives:***

- *Propose best practices for national responses based on evidence from regional and international communities.*

**5.2: Facilitate the commissioning of the evaluation of aspects of CNCD programmes.**

***Objectives:***

- *Advocate and facilitate the collection of relevant data relating to chronic NCDs and related programmes to assess effectiveness and guide their actions.*



# Summary of Activities

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## 1. Government Advising

The NCNCDC's main role is one of advisement to the Ministry of Health regarding areas affecting the health of the population related to NCDs. With the steady rise in NCDs and the increasing cost to the country resulting from treatment, reduced productivity, and loss of family providers, it is imperative to take affirmative measures to prevent and control the incidence of diseases. Following our terms of reference, areas already being developed for proposals to the Government include tobacco and vaping, pesticide use, childhood obesity, healthy schools, including the school nutrition policy.

Mental health remains a growing concern, with suicide mortality within the Region of the Americas increasing disproportionately compared to other parts of the world. Mental health is also an area closely linked to all NCDs and, as such, will be a primary focus for advising the Government to reduce its impact on society. The commission will be a watchdog on global and regional trends to advise the Government on the most strategic measures to manage NCDs.

## 2. Population Awareness

The increased prevalence of NCDs throughout the Caribbean, including diabetes, hypertension, cancers, and mental health, affects the entire Grenadian population. Prevention education is a key factor in addressing this situation. At-risk groups such as children, youth, women, the elderly, and workers will be identified to ensure appropriate tailored messages are delivered. The primary health care setting (PHC) is the foundation for effective NCD prevention and management and, therefore, must be a prime focus for education delivery.

Education for farmers on best pesticide practices will continue, as will education on childhood obesity. Information will be provided in various formats, such as live events, manuals, videos, and posters for ready access by the Grenadian population. Continued Medical Education (CME) events will be organised for health professionals, highlighting key areas of concern and best practices. New partnerships will be pursued to ensure regional and international experts share knowledge on NCD prevention and management.

The power of the media in all forms has the ability to disseminate vital educational material to the Grenadian population. The expansion of the current Facebook page to include reposting from the HCC and MOH, plus the commission's own messages, is needed. Closer reliable connections to the local media houses and the MOH media will help promote important messages.

### **3. Policy Development and Advocacy**

The commission will provide support for the development of local policies related to NCD prevention. At present, many policies are outdated and need updating, such as the Health Fair Policy, Mental Health Act, and the National Chronic Non-Communicable Disease Policy and multi-sectoral action plan for Grenada (2013-2017). The commission will advocate for policies with a greater focus on NCD prevention education and services. Those policies developed, such as the Draft Childhood Obesity Policy and Action plan, will be supported for MOH review and ultimately adoption by the cabinet. Once policies are officially accepted, the commission will support implementation through continued advocacy and advisement. Regional Policy templates, where applicable, will be adapted to the Grenadian context to provide guidance, consistent in the region for the control of NCDs.

### **4. Institutional and Workforce Capacity Building**

Research on NCDs within the Caribbean and Grenada specifically is limited. Information is scattered, and local policy is not always directed by accurate local data. Such policies would benefit from data derived from both within the region and the Country. As such, the commission will strive to keep up to date with current and emerging data and encourage local educational institutions to conduct relevant research around NCDs and action areas within current policies.

The commission will continue to encourage the Master's in Public Health (MPH) Students at St George's University (SGU) to be involved in research activities relevant to NCDs.

Current NCD organisations suffer from lack of capacity and structural organisation. Continued gap analysis will enable the delivery of focused education and capacity building activities virtually to increase accessibility and through onsite events. Partnerships with the Caribbean Cancer Portal (CCP) and HCC will be utilized to access education for members of these groups.

## **5. Outcome Monitoring and Evaluation**

The commission will monitor outcomes from policy activation throughout the Caribbean and the Americas through HCC, WHO, PAHO, and CARPHA to advise and advocate for successful strategies in both education and management of NCDs. The lack of robust program evaluation hinders the overall effectiveness of policies. The commission will advocate for stronger reporting on activities and collection of accurate data, including a robust NCD registry in Grenada. The Commission will also encourage all Ministries to incorporate quantitative and qualitative data into policies, underscoring an evidence-based and collaborative approach to tackle NCDs in the country.

## Activities and Targets

| Goal                                                                                                                                                                     | Objective                                                                                    | Activity                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Baseline (2024)                                                                                                                                                                                                                                              | Target    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>Goal 1.1 Advisement to Ministers of Health influencing Ministries on new and emerging evidence for the management and control of chronic non-communicable disease</b> |                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                              |           |
|                                                                                                                                                                          | Increase advisement to government on risk factors and outcomes of chronic disease in Grenada | <p>Advise the Government on risks and impacts on the Grenadian population related to:</p> <p>Food security, availability, affordability, and importation;<br/> Environmental and workplace wellness issues;<br/> Measures to increase participation in physical activity;<br/> Tobacco and alcohol control;<br/> Scientific and culturally specific strategies to promote healthy lifestyles;<br/> Treatment and care, including access to essential medicines, alternative medicines, and technologies;<br/> Childhood obesity and a healthy school environment;<br/> Climate change and health;<br/> Mental health;<br/> Emerging environmental determinants of chronic disease, including air and water, sanitation, and hygiene (WASH)</p> | <p>4<br/> (Environmental and workplace wellness issues.<br/> Measures to increase participation in physical activity.<br/> Tobacco and alcohol control</p> <p>Childhood obesity and a healthy school environment.</p> <p>Decriminalization of marijuana)</p> | 2 by 2028 |
| <b>Goal 2.1 Increased awareness of the public and decision makers of the burden of chronic diseases of local and regional significance</b>                               |                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                              |           |
|                                                                                                                                                                          | Increase education to the public and target groups on NCD prevention and risk management.    | Develop and disseminate educational material in digital and other formats                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 1 poster                                                                                                                                                                                                                                                     | 3 by 2028 |

|                                                                                         |                                                                                                                                           |                                                                                                               |                                      |                    |
|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------|
|                                                                                         |                                                                                                                                           | Deliver structured education sessions to professional and non-professional groups                             | 3<br>(2 CME sessions, 1 poster)      | 6 by 2028          |
|                                                                                         |                                                                                                                                           | Collaborate in the delivery of public health education to various groups                                      | 4                                    | 4 by 2028          |
| <b>Goal 2.2: Increased collaboration with media to disseminate relevant information</b> |                                                                                                                                           |                                                                                                               |                                      |                    |
|                                                                                         | Increase the online media presence of the NCNCDC to disseminate information to a wider audience                                           | Update Facebook page                                                                                          | 1                                    | By January 2026    |
|                                                                                         |                                                                                                                                           | Embed and link Facebook page with other government and non-government stakeholders                            | 1<br>(CCP)                           | 3 by 2028          |
|                                                                                         | Increase collaboration with media houses to form dedicated support for advertising events and disseminate information to a wider audience | Raise awareness among the media of the commission through direct meetings.                                    | 0                                    | 2 by December 2028 |
|                                                                                         |                                                                                                                                           | Create a framework for regular and routine dissemination through the media houses                             | 0                                    | 1 by December 2026 |
|                                                                                         | Increase collaboration with the Ministry of Health promotions and media team to develop and disseminate information                       | Routine transfer of graphics and other communication materials to MOH for input development and dissemination | 2<br>(CO posters, HCC Acts on facts) | 3 by 2028          |

### Goal 2.3: Increase awareness of evidence-based interventions to prevent and control chronic NCDs

|                                                                                                                                                                                                                                                                                                  |                                                                                                                              |    |                                      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|----|--------------------------------------|
| Monitor, collate, and disseminate contemporary interventions from regional leading organisations such as Healthy Caribbean Coalition (HCC), Pan American Health Organisation (PAHO), World Health Organisation (WHO) and Caribbean Public Health Agency (CARPHA) related to Chronic NCD control. | Participate in webinars by HCC, PAHO, WHO, and CARPHA to identify best practices                                             | 20 | 40<br>More members attending by 2028 |
|                                                                                                                                                                                                                                                                                                  | Conduct desk review to collect materials on interventions in the region                                                      | 0  | 1 by 2026                            |
|                                                                                                                                                                                                                                                                                                  | Collate information on best practices on interventions                                                                       | 0  | 1 by 2026                            |
|                                                                                                                                                                                                                                                                                                  | Disseminate appropriate information to the Ministry of Health, other ministries, and the public to support raising awareness | 4  | 2 by 2027                            |

### Goal 3.1: Increased support for policies to advance education for Chronic NCD prevention and patient support

|                                                                                                         |                                                           |           |           |
|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-----------|-----------|
| Actively continue review and development of policies for NCD education, prevention, and patient support | Review current NCD policies for updating                  | 3         | 2 by 2028 |
|                                                                                                         | Develop new policies within the areas of NCDs for the MOH | 1<br>(CO) | 2 by 2028 |

| <b>Goal 3.2: Advocate for effective multisectoral NCD policy and programme implementation</b>                                                                              |                                                                                                             |                                                                                                                                                                   |   |           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|-----------|
|                                                                                                                                                                            | Engage and lobby key stakeholders to increase support for NCD prevention through policy implementation      | Dialogue with local stakeholders on areas of NCD policy for priority and longer-term implementation                                                               | 2 | 2 by 2028 |
| <b>Goal 3.3: Maintain alignment with policies, priorities, and programmes of the Ministry of Health and other ministries, ensuring inclusion of health in all policies</b> |                                                                                                             |                                                                                                                                                                   |   |           |
|                                                                                                                                                                            | Review new and emerging ministry policies with a view to ensuring health inclusion in all policies          | Collaborate with the MOH and other ministries to review new policies to ensure the inclusion of a focus on NCDs                                                   | 2 | 4 by 2028 |
| <b>Goal 4.1: Support research targeting the upstream and downstream determinants of health</b>                                                                             |                                                                                                             |                                                                                                                                                                   |   |           |
|                                                                                                                                                                            | Support research through collaboration with academia to increase local data related to NCDs to drive policy | Collaborate with the MOH, St. George's University, and other research organizations to produce, manage, and disseminate data on NCDs to inform policy development | 3 | 6 by 2028 |
| <b>Goal 4.2: Support local NCD organisations through capacity evaluation and training</b>                                                                                  |                                                                                                             |                                                                                                                                                                   |   |           |
|                                                                                                                                                                            | Conduct gap analyses of the human and material resource capacity of local NCD organisations.                | Organise meetings with local NCD organisations to assess individual needs and gaps in capacity                                                                    | 1 | 3 by 2028 |
|                                                                                                                                                                            |                                                                                                             | Conduct relevant capacity-building education for NCD organizations                                                                                                | 1 | 3 by 2028 |

| <b>Goal 5.1: Monitor regional and international trends for recommendations for national responses</b> |                                                                                                                                                          |                                                                                                                                           |   |           |
|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---|-----------|
|                                                                                                       | Propose best practices for national responses based on evidence from regional and international communities.                                             | Monitor HCC, WHO, PAHO, CARPHA updates on NCDs for best practices regarding response to changing situations                               | 3 | 6 by 2028 |
|                                                                                                       |                                                                                                                                                          | Disseminate best practices supported by evidence to the MOH and other health-influencing organisations to support measures to reduce NCDs | 3 | 6 by 2028 |
| <b>5.2: Facilitate the commissioning of evaluation of aspects of CNCD programmes</b>                  |                                                                                                                                                          |                                                                                                                                           |   |           |
|                                                                                                       | Advocate and facilitate the collection of relevant data relating to chronic NCDs and related programmes to assess effectiveness and guide their actions. | Advocate for the application of program evaluation tools to determine the effectiveness of NCD targeting programs                         | 0 | 2 by 2028 |
|                                                                                                       |                                                                                                                                                          | Propose strategies to improve the effectiveness of NCD targeting programs                                                                 | 0 | 2 by 2028 |

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## Budget

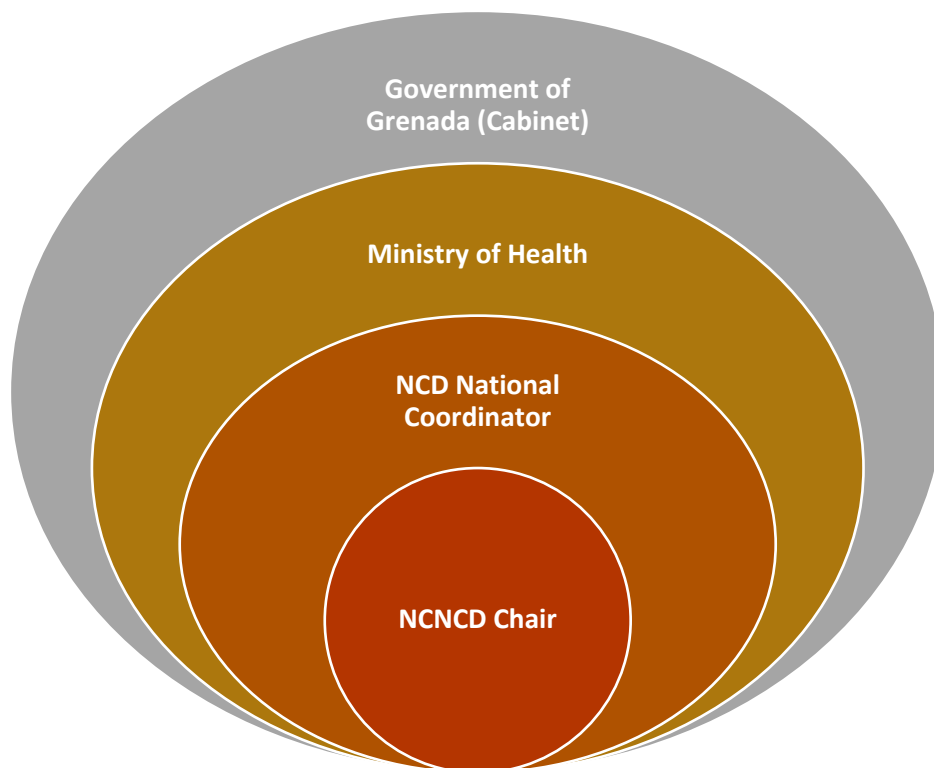
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The Commission receives budgetary support from the MOH. An annual subvention of \$5000.00 E.C. in four quarterly payments is provided to support the Commission's work in all areas. To supplement the Ministry's allocation, funds are raised through sponsorship for specific events. Expenditure is done on a need basis, depending on the requirements of the programs that the commission is involved in or decides to support. Expenditure reports are provided on a quarterly and yearly basis to the MOH.

## Monitoring and Reporting

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The implementation plan is shared with all members of the Commission and the Ministry of Health. The Commission will have responsibility for monitoring implementation progress and preparing reports for inclusion in the quarterly and Annual Reports to the Ministry of Health in Grenada. A Reporting Form will be used to periodically capture information and collate for reporting. As requested, reports can be shared with partner organizations, relevant government ministries, and other interest groups. Data from monitoring will be vital to measure the impact of the programs.



## Reporting Form

Reporting Period: From.....To .....

|   | Activity                                                                           | Target             | Report (for reporting period) | Cumulative Report |
|---|------------------------------------------------------------------------------------|--------------------|-------------------------------|-------------------|
| 1 | Advise Government on risks and impacts on the Grenadian population                 | 2 by 2028          |                               |                   |
| 2 | Develop and disseminate education material in digital and other formats            | 3 by 2028          |                               |                   |
| 3 | Deliver structured education sessions to professional and non-professional groups  | 6 by 2028          |                               |                   |
| 4 | Collaborate in the delivery of public health education to various groups           | 4 by 2028          |                               |                   |
| 5 | Update Facebook page                                                               | By January 2026    |                               |                   |
| 6 | Embed and link Facebook page with other government and non-government stakeholders | 3 by 2028          |                               |                   |
| 7 | Raise awareness among the media of the commission through direct meetings.         | 2 by December 2028 |                               |                   |
| 8 | Create a framework for regular and routine dissemination through the media houses  | 1 by December 2026 |                               |                   |

|           |                                                                                                                         |                                      |  |  |
|-----------|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--|--|
| <b>9</b>  | Routine transfer of graphic and other communication materials to MOH for input development and dissemination            | 3 by 2028                            |  |  |
| <b>10</b> | Participate in webinars by HCC, PAHO, WHO and CARPHA to identify best practices                                         | 40<br>More members attending by 2028 |  |  |
| <b>11</b> | Conduct desk review to collect materials on interventions in the region                                                 | 1 by 2026                            |  |  |
| <b>12</b> | Collate information on best practices on interventions                                                                  | 1 by 2026                            |  |  |
| <b>13</b> | Disseminate appropriate information to Ministry of Health, other ministries and the public to support raising awareness | 2 by 2027                            |  |  |
| <b>14</b> | Review current NCD policies for updating                                                                                | 2 by 2028                            |  |  |
| <b>15</b> | Develop new policies within the areas of NCDs for the MOH                                                               | 2 by 2028                            |  |  |
| <b>16</b> | Dialogue with local stakeholders on areas of NCD policy for priority and longer-term implementation                     | 2 by 2028                            |  |  |
| <b>17</b> | Collaborate with the MOH and other ministries to review new policies to ensure the inclusion of a focus on NCDs.        | 4 by 2028                            |  |  |
| <b>18</b> | Collaborate with the MOH, St. Georges University and other                                                              | 6 by 2028                            |  |  |

|           |                                                                                                                                           |           |  |  |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------|--|--|
|           | research organisations to produce, manage and disseminate data on NCDs to inform policy development                                       |           |  |  |
| <b>19</b> | Organise meetings with local NCD organisations to assess individual needs and gaps in capacity                                            | 3 by 2028 |  |  |
| <b>20</b> | Conduct relevant capacity-building education for NCD organisations                                                                        | 3 by 2028 |  |  |
| <b>21</b> | Monitor HCC, WHO, and PAHO. CARPHA updates on NCDs for best practices regarding response to changing situations                           | 6 by 2028 |  |  |
| <b>22</b> | Disseminate best practices supported by evidence to the MOH and other health-influencing organizations to support measures to reduce NCDs | 6 by 2028 |  |  |
| <b>23</b> | Advocate for the application of program evaluation tools to determine the effectiveness of NCD targeting programs                         | 2 by 2028 |  |  |
| <b>24</b> | Propose strategies to improve the effectiveness of NCD targeting programs                                                                 | 2 by 2028 |  |  |

## Appendix

### Terms of Reference for NCNCDC

1. Advise the Minister on NCD-related policies and legislation e.g.:
  - a. Food security availability, affordability, and importation
  - b. Environmental and workplace wellness issues
  - c. Measures to increase participation in physical activity
  - d. Tobacco and alcohol control
  - e. Scientific and culturally specific strategies to promote healthy lifestyles
  - f. Treatment and care, including access to essential medicines, alternative medicines, and technologies.
  - g. Childhood obesity and a healthy school environment.
  - h. Climate change related to health
  - i. Emerging environmental determinants of chronic disease including air and water, sanitation and hygiene (WASH)
2. Raise awareness among the public and among decision-makers of the burden of chronic diseases locally and regionally, their common risk factors across the life span, and effective evidence-based interventions to prevent and control Chronic Non-Communicable Diseases (NCDs), in collaboration with the media and other stakeholders.
3. Advocate for effective multisectoral NCD policy and programme implementation.
4. Contribute to the development, implementation, and monitoring of the national NCD strategic plan.
5. Review regional strategic NCD plans, resolutions, policies, and make recommendations for implementation
6. Facilitate and encourage effective involvement of professional /relevant stakeholders, including the private sector, public sector, non-governmental organizations, medical associations, and civil society, including faith-based organizations.
7. Maintain alignment with policies, priorities, and programmes of the Ministry of Health and other ministries, ensuring inclusion of health in all policies.

8. Assist and encourage in the mobilization of resources to implement NCD Community prevention and control programmes
9. Monitor regional and international trends for recommendations for national responses.
10. Facilitate the commissioning of audits and evaluation of aspects of CNCD programmes.
11. Recommend relevant research, especially in relation to behaviour change and the prevention and management of CNCDs, and including monitoring and evaluation of CNCD programs. Support research into the upstream and downstream determinants of health.
12. Ensure that health services are designed to facilitate a public health agenda.

### **Conduct of business of the Commission**

1. Subject to this Part, the Commission may conduct its business, including its meetings, in the way it considers appropriate.
2. Meetings
  - I. Meetings of the Commission shall be held at the times and place the Chairperson shall decide.
  - II. Notwithstanding subsection (I), the Chairperson shall call a meeting if asked, in writing, to do so by the Minister or by three members of the Commission.
  - III. Any member unable to attend a monthly meeting of which due notice has been given must send written apologies in a timely manner, no later than two days prior to the meeting.
  - IV. Consistent absence of three consecutive meetings, for which due notice was given, is grounds for the nomination of a new representative from their organization.
3. Quorum

The quorum for a meeting of the Commission shall be five.
4. Presiding at meetings
  - I. The Chairperson shall preside at all meetings of the Commission at which he or she is present.
  - II. If the Chairperson is absent from a meeting of the Commission, the members shall select a member present at the said meeting to preside.
5. Conduct of meetings of the Commission
  - I. All decisions of the Commission shall be decided by a majority of members present and voting at the meeting and, in the event of an equality of votes, the Chairperson shall have a casting vote.

## 6. Establishment of Sub-Committees of the Commission

- I. The Commission may establish Sub-Committees of the Commission as it considers necessary for effectively and efficiently performing its functions.
- II. The chairperson of a Sub-Committee established pursuant to subsection (I) shall be a member of the Commission.

## 7. Reports

- I. Quarterly reports of meetings and activities shall be prepared by the Chair and sent to the Commission and the Ministry of Health, including quarterly financials.
- II. An annual report on the work, activities and finances of the Commission for that financial year shall be prepared and submitted by the Commission to the Ministry of Health.