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HCC
HEALTHY CARIBBEAN COALITION

**Healthy
Caribbean
YOUTH**



**LET'S
UNPACK
IT!!**

unicef
for every child

DIRECTORY OF

GOVERNMENT MENTAL HEALTH & PSYCHOSOCIAL SUPPORT SERVICES

A CHILD AND YOUTH-FRIENDLY VERSION

grenada





HEADS UP!

Names and contact information can change!
To view the most up to date version of this Directory,
SCAN THE QR CODE below or visit bit.ly/reachout246



THANK YOU.

UNICEF for the Eastern Caribbean Area, USAID, The Healthy Caribbean Coalition/Healthy Caribbean Youth, and Let's Unpack It would like to express our gratitude to all the Government stakeholders who participated in the data collection that made the development of this Directory possible.

A special thank you to the Let's Unpack It and UNICEF Caribbean National Youth Mental Health Focal Points for their support in this project. We hope that this Directory truly helps you on your mental health journey!

Please note that the information shared in your printed version of this directory may be subject to change by the service providers. Please visit www.youngcaribbeanminds.com for periodic updates.

Published in January 2024.





HOW TO USE THIS DIRECTORY

This Child and Youth Mental Health and Psychosocial Support (MHPSS) Services Directory is an open and public resource of [free government services](#) available in Grenada. The directory highlights public services that are targeted towards children, adolescents, youth, and their families.

Everyone can use this resource.

The Directory contains a summary of services which are categorized by sectors, including Health, Education, Social Services, Justice, and Disaster Management. It also includes a detailed overview of the key services offered by each entity.

these details may include:

- The target Audience
- The language in which services are offered
- How to access services
- Accessibility Accommodations
- Other important information to note

We have used some icons to aid in descriptions in the Directory. See the key below:

KEY TO HELP YOU NAVIGATE THE DIRECTORY:



Facebook



Youtube



Wheel-chair accessible



Instagram



A bus stop is within
5 - 10 mins walk to/
from the facility



Accommodations
made for those with
vision impairments



X / Twitter



Tik Tok



Accommodations made
for those with cognitive
impairments



Accommodations made
for those with hearing
impairments





SUMMARY OF FREE GOVERNMENT SERVICES

HOTLINE NUMBERS

CHILD PROTECTION AUTHORITY

1-473-533-6990

SPECIAL VICTIMS UNIT

400

STUDENT SUPPORT SERVICES

Audience: Children (0-11); Adolescents (12-17) and Parents

Primary Phone: 1-473-440-2737
1-473-414-1075

SOCIAL CARE UNIT GRENADA YOUTH CENTER

Audience: Adults (18+)

Primary Phone: 1-473-439-9923
Secondary Phone: 1-473-537-0882

PSYCHOSOCIAL SUPPORT UNIT

Audience: Parents; Families and Adults (18+)

Primary Phone: 1-473-440-2269

CHILD PROTECTION AUTHORITY

Audience: Children (0-11); Adolescents (12-17) and Parents

Primary Phone: 1-473-435-0293
Secondary Phone: 1-473-440-6990
WhatsApp: 1-473-533-6990

MOUNT GAY PSYCHIATRIC HOSPITAL

Audience: Children (0-11); Adolescents (12-17), Adults (18+); Families and Parents

Primary Phone: 1-473-440-3272
1-473-440-3154

SPECIAL VICTIMS UNIT ROYAL GRENADA POLICE FORCE

Audience: Children (0-11); Adolescents (12-18); Adults (18+); Parents and Families

Primary Phone: 1-473-440-4739



Gentle Reminder: In a moment of crisis, reaching out is the kindest thing you can do for yourself.



SUMMARY OF FREE GOVERNMENT SERVICES

COMMUNITY CLINICS

Audience: Children (0-11); Adolescents (12-17); Adults (18+); Families and Parents

Mental Health Clinics:

St. George's District

Primary Phone:
1-473-440-3272
1-473-440-3154

St. David's District

Primary Phone:
1-473-444-6249

St. Andrew's District

Primary Phone:
1-473-442-7623
1-473-442-7443

St. Patrick's District

Primary Phone:
1-473-442-9337

St. John's District

Primary Phone:
1-473-444-8414
1-473-444-8764

Carriacou & Petite Martinique

Primary Phone:
1-473-443-6415

NATIONAL DISASTER MANAGEMENT AGENCY

Audience: Children (0-11); Adolescents (12-17); Adults (18+); Parents and Families

Primary Phone: 1-473-440-8390

**NaDMA does not offer MHPSS Services as it primarily serves as a coordinating mechanism in disasters.*



★ We all need a little extra help sometimes.

EDUCATION





STUDENT SUPPORT SERVICES

Student Support Services is that part of the education system which provides a group of essential services and student development programmes to help each student achieve their full potential by removing barriers to the same and ensuring their retention and graduation from one academic stream to another. The main objective of the **Student Support Services Unit** is to provide leadership, services and support to strengthen the capacity of schools, families and communities to ensure the success of all students through collaboration in the educational process.

SOME SERVICES OFFERED:

- ➔ Anger Management
- ➔ Child-centered therapy
- ➔ General Counselling
- ➔ Alcohol/Drug Abuse Prevention
- ➔ Suicide Prevention
- ➔ Group Therapy/Interventions

ACCESSIBILITY:

ACCESSING SERVICES:

UNDER 18?:

You can make an appointment in person by visiting the facility. **However, appointments are not mandatory.**

You can also access services by **walking in and referral**. You are **not required to be accompanied by an adult to access services and you do not need parent consent**. You can bring a friend to the appointment.

THE DETAILS:



Audience: Children (0-11); Adolescents (12-17) and Parents

Language: English

Address: Botanical Gardens, Tanteen, St. George's, Grenada

Hours of Operation: Monday - Friday
8:00AM - 3:00PM

Contact Details:

Primary Phone: 1-473-440-2737
1-473-414-1075

Email: moe@moe.edu.gd



[Ministry of Education Grenada](#)



[Moegrenada](#)

18 AND OVER?:

Only parents can access services. They can make appointments by phone and in person by visiting the facility. **Appointments are mandatory.**

Wait time for appointment: Same Day
Typical length of session: 30 to 45 minutes

 **Don't be so tough on yourself. You're doing just fine!**

CHILD PROTECTION AND SOCIAL SERVICES





SOCIAL CARE UNIT GRENADA YOUTH CENTER

The **Social Care Unit** was established to provide a safe confidential space in which young people can receive the psychosocial support services they need to cope with and or alleviate their emotional and social distresses. At present, the Unit offers mentoring and referrals as the primary methods of intervention.

KEY SERVICES OFFERED:

- Mentoring
- Referrals



THE DETAILS:



Audience: Adults (18+)

*Social Care Unit caters to youth that are in the Ministry programmes

Language: English

Address: Imani Secretariat, Morne Rouge
Grand Anse, St. George

*Services are also provided in Carriacou

Hours of Operation: Monday - Friday

8:00AM - 4:00PM

*All agencies are closed on public holidays

Contact Details:

Primary Phone: 1-473-439-9923

Secondary Phone: 1-473-537-0882

Email: youthcoordinator@youth.gov.gd

ACCESSING SERVICES:

UNDER 18?:

Services are only available to persons over the age of 18.

18 AND OVER?:

The Unit services are offered to youth who participate in the IMANI programme for persons between the ages of 18 and 35.

Session are dependent on the nature of the issue



Make your mental health a priority – today and everyday.



PSYCHOSOCIAL SUPPORT UNIT

The **Psychosocial Support Unit** works within the Ministry of Social Development, Housing and Community Development and Gender Affairs to provide counselling.



SOME SERVICES OFFERED:

- ➔ Anger Management
- ➔ Clinical Mental Health Counselling
- ➔ Cognitive Behaviour Therapy
- ➔ Family therapy
- ➔ General Counselling
- ➔ Suicide Prevention

**Support Groups for those who are victims of domestic violence.*

ACCESSIBILITY:



ACCESSING SERVICES:

UNDER 18?:

You can access services by walking in and referral. Parent consent is needed to access services and you are required to be accompanied by a trusted adult.

You can bring a friend to the appointment.

18 AND OVER?:

You can make an appointment **by phone** and **Whatsapp**. However, appointments are not mandatory.

You can also access services by walking in and referral.

Wait time for appointment: Less than 2 weeks
 Typical length of session: 45 minutes to 1 hour



THE DETAILS:

Audience: Adults (18+); Parents and Families

Language: English

Address: Eric Matthew Gary, Botanical Gardens

St. George's, Grenada

Hours to Operation: Monday - Friday
 8:00AM - 4:00PM

Contact Details:

Primary Phone: 1-473-440-2269



[Ministry of Social & Community Development, Housing and Gender Affairs](#)



Gentle Reminder: Reaching out for help is a sign of strength!



CHILD PROTECTION AUTHORITY

The Child (Protection and Adoption) Act (2010) replaced the Child (Protection) Act (2001) and offers protection for children who are exposed to abuse. The Act includes the following: a definition of a “child in need of care and protection” that includes all forms of physical, sexual and emotional abuse, as well as exposure to domestic violence, neglect, and abandonment; mandatory reporting by professionals in the care and service of children if there is knowledge or suspicion of any form of child abuse; provisions for adoption, thereby reducing the opportunity for trafficking and abuse; and establishes the **Child Protection Authority** as the single agency responsible for addressing matters regarding the care, protection and adoption of children.

KEY SERVICES OFFERED:

- Anti-bullying Programmes
- Child-centered therapy
- Crisis Intervention
- General Counselling
- Suicide Prevention
- Trauma-based Counselling

ACCESSIBILITY:

ACCESSING SERVICES:

UNDER 18?:

You can access services by **walking in** (if an existing client) and **referrals** which can be issued by court, schools, other social service agencies, police and parents. Referrals are needed to access counselling services.

Parent consent is also required to access services. Initially, you are required to be accompanied by a trusted adult to access services. You can also bring a friend to the appointment.

THE DETAILS:



Audience: Children (0-11); Adolescents (12-17) and Parents

Language: English

Address: Calivigny, P O. Box 1962, St. George Grenada

*Services are also offered to those in Petite Martinique and Carriacou

Hours of Operation: Monday - Friday
8:00AM - 4:00PM

Contact Details:

Primary Phone: 1-473-435-0293

Secondary Phone: 1-473-440-6990

WhatsApp: 1-473-533-6990

Hotline: 1-473-533-6990

Email: info@cpagrenada.org



[Child Protection Authority Grenada](#)



[Childprotectiongrenada](#)

18 AND OVER?:

Services are not accessible to those over 18 unless the individual is a client and has turned 18. If the individual is a former client and reaches out, help may be provided or a referral made.

Appointments in these cases are **mandatory** and can be made **by phone, WhatsApp, or in person** by visiting the facility.

Wait time for appointment: Less than 2 weeks

Typical length of session: 45 minutes to 1 hour

 Today is a good day to be kind to your mind.



HEALTH



MOUNT GAY PSYCHIATRIC HOSPITAL COMMUNITY SERVICES

Mount Gay Psychiatric Hospital provides psychiatric services, which include Hospital (clients warded) and Community Services. Community Mental Health Nurses provide services to clients in every Health District, additionally **Community Mental Health Clinics** are conducted in every Health District once per month, except for St. George's where clinics are conducted weekly.

SOME SERVICES OFFERED:

- ➔ Child-Centred therapy
- ➔ Clinical Mental Health Counselling
- ➔ Family therapy
- ➔ General Counselling
- ➔ Psychiatry
- ➔ Social Work Services

ACCESSIBILITY:

ACCESSING SERVICES:

UNDER 18?:

You can access services by **referral**. You need parent consent to access services and are required to be accompanied by a trusted adult.

18 AND OVER?:

You can make appointments **by phone** and **in person**. You can also access services **by walking in and referrals**.

Note that all admissions should go through Accident and Emergency mostly however, this may vary based on the clinics.

Wait time for any appointment: Less than 1 week

Typical length of session: 30 to 45 minutes

THE DETAILS:



Audience: Children (0-11); Adolescents (12-17), Adults (18+); Families and Parents

Language: English

Mental Health Clinics:

St. George's District
*Thursdays - 8:00AM - 4:00PM

Primary Phone:
1-473-440-3272
1-473-440-3154

St. David's District
*1st Wednesday of the Month
8:00AM - 4:00PM

Primary Phone:
1-473-444-6249

St. Andrew's District
*2nd Wednesday of the Month
8:00AM - 4:00PM

Primary Phone:
1-473-442-7623
1-473-442-7443

St. Patrick's District
*3rd Wednesday of the Month
8:00AM - 4:00PM

Primary Phone:
1-473-442-9337

St. John's District
*4th Wednesday of the Month
8:00AM - 4:00PM

Primary Phone:
1-473-444-8414
1-473-444-8764

Carriacou & Petite
Martinique
*1st Friday of the Month
8:00AM - 4:00PM

Primary Phone:
1-473-443-6415

Mount Gay Psychiatric
Hospital
*24 Hours daily

Primary Phone:
1-473-440-3272
1-473-440-3154

Child Health Clinic
*Tuesdays - 8:00AM - 4:00PM



JUSTICE



SPECIAL VICTIMS UNIT ROYAL GRENADA POLICE FORCE

The **Special Victims Unit** coordinates, monitors and provides guidance for the effective and timely investigation of all matters related to special victims. We collaborate with other stakeholders to ensure appropriate and timely intervention and support for all victims. We provide support in terms of medical assistance and also referrals to the other support agencies. We investigate matters and either issue warnings, hold case conferences, or bring matters before the court.

SERVICES OFFERED:

- Community Outreach
- Community Education

ACCESSIBILITY:

THE DETAILS:



Audience: Children (0-11); Adolescents (12-18); Adults (18+); Parents and Families

**Special Victims Unit specifically manages all reports of Domestic Violence, Sexual Violence and Child Abuse.*

Language: English

Address: H.A.Blaize Street, St. George, Grenada

Hours to Operation: Monday - Friday
8:00AM - 4:00PM

Contact Details:

Primary Phone: 1-473-440-4739
1-473-406-7897

WhatsApp: 1-473-456-7806

Hotline: 400

Email: Specialvictimsunit400@Outlook.com



[Royal Grenada Police Force](https://www.facebook.com/Specialvictimsunit400)

ACCESSING SUPPORT:

UNDER 18?:

You can access support by walking in and referrals, which are mandatory.

Parental consent is needed to access support.

18 AND OVER?:

You can make an appointment by phone or in person by visiting the facility.

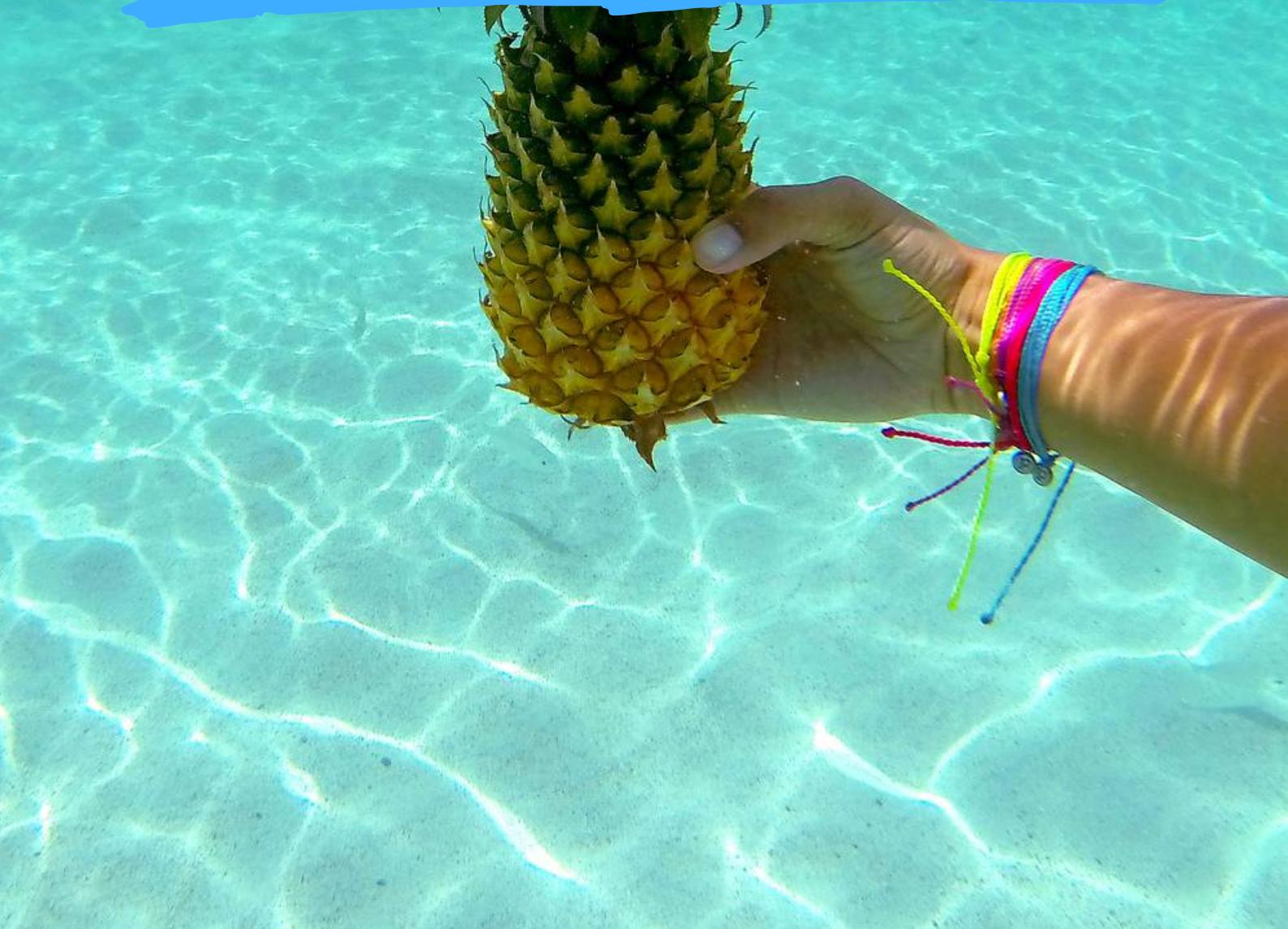
You can also access support by walking in.

Wait time for appointment: Same Day
Typical length of session: Less than 30 minutes



There is hope, even when your brain tells you there isn't!

EMERGENCY AND DISASTER RESPONSE





NATIONAL DISASTER MANAGEMENT AGENCY (NaDMA)

NaDMA is the Agency responsible for coordinating all disaster management activities throughout Grenada, Carriacou and Petite Martinique. The mission of the NaDMA is to reduce the loss of life and property within Grenada, Carriacou and Petite Martinique by ensuring that adequate preparedness, response and mitigation measures are in place to deal with the impact of hazards. The vision of the Agency is to develop a culture of prevention and safety among all sectors of society.

NaDMA does not offer MHPSS Services as it primarily serves as a coordinating mechanism in disasters. It may make referrals to other agencies.

ACCESSIBILITY:

THE DETAILS:



Audience: Children (0-11); Adolescents (12-17); Adults (18+); Parents and Families

**The Department focuses on persons affected by hazard/disaster events*

Language: English

Address: Morne Jaloux, St. George, Grenada

**Services are also offered to those in Petite Martinique and Carriacou*

Contact Details:

Primary Phone: 1-473-440-8390

Secondary Phone: 1-473-440-8391

1-473-440-8392

Email: admin@nadma.gd



[nadmagrenada](https://www.facebook.com/nadmagrenada)



 **Gentle Reminder:** In a moment of crisis, reaching out is the kindest thing you can do for yourself.

Visit www.youngcaribbeanminds.com
to download the most recent version of this directory
and for more Mental Health resources such as
workbooks, videos, games, apps, toolkits and more.

