

# DIRECTORY OF

## GOVERNMENT MENTAL HEALTH & PSYCHOSOCIAL SUPPORT SERVICES

A CHILD AND YOUTH-FRIENDLY VERSION

# GRENADA







## HEADS UP!

Names and contact information can change!  
To view the most up to date version of this Directory,  
SCAN THE QR CODE below or visit [bit.ly/reachout246](https://bit.ly/reachout246)



## THANK YOU.

UNICEF for the Eastern Caribbean Area, USAID, The Healthy Caribbean Coalition/Healthy Caribbean Youth, and Let's Unpack It would like to express our gratitude to all the Government stakeholders who participated in the data collection that made the development of this Directory possible.

A special thank you to the Let's Unpack It and UNICEF Caribbean National Youth Mental Health Focal Points for their support in this project. We hope that this Directory truly helps you on your mental health journey!

Please note that the information shared in your printed version of this directory may be subject to change by the service providers. Please visit [www.youngcaribbeanminds.com](https://www.youngcaribbeanminds.com) for periodic updates.

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# HOW TO USE THIS DIRECTORY

This Child and Youth Mental Health and Psychosocial Support (MHPSS) Services Directory is an open and public resource of [free government services](#) available in Grenada. The directory highlights public services that are targeted towards children, adolescents, youth, and their families.

## Everyone can use this resource.

The Directory contains a summary of services which are categorized by sectors, including Health, Education, Social Services, Justice, and Disaster Management. It also includes a detailed overview of the key services offered by each entity.

## these details may include:

- ➔ The Target Audience
- ➔ The Language in which services are offered
- ➔ How to access services
- ➔ Accessibility Accommodations
- ➔ Other important information to note

We have used some icons to aid in descriptions in the Directory. See the key below:

## KEY TO HELP YOU NAVIGATE THE DIRECTORY:



Facebook



Youtube



Wheel-chair accessible



Instagram



A bus stop is within  
5 - 10 mins walk to/  
from the facility



Accommodations  
made for those with  
vision impairments



X / Twitter



Accommodations made  
for those with cognitive  
impairments



Accommodations made  
for those with hearing  
impairments



Tik Tok



# SUMMARY OF FREE GOVERNMENT SERVICES

## HOTLINE NUMBERS

**CHILD PROTECTION AUTHORITY**

1-473-533-6990

**SPECIAL VICTIMS UNIT**

400

### STUDENT SUPPORT SERVICES

*Audience: Children (0-11); Adolescents (12-17) and Parents*

**Primary Phone:** 1-473-440-2737  
1-473-414-1075

### SOCIAL CARE UNIT GRENADA YOUTH CENTER

*Audience: Adults (18+)*

**Primary Phone:** 1-473-439-9923  
**Secondary Phone:** 1-473-537-0882

### PSYCHOSOCIAL SUPPORT UNIT

*Audience: Parents; Families and Adults (18+)*

**Primary Phone:** 1-473-440-2269

### CHILD PROTECTION AUTHORITY

*Audience: Children (0-11); Adolescents (12-17) and Parents*

**Primary Phone:** 1-473-435-0293  
**Secondary Phone:** 1-473-440-6990  
**WhatsApp:** 1-473-533-6990

### MOUNT GAY PSYCHIATRIC HOSPITAL

*Audience: Children (0-11); Adolescents (12-17), Adults (18+); Families and Parents*

**Primary Phone:** 1-473-440-3272  
1-473-440-3154

### SPECIAL VICTIMS UNIT ROYAL GRENADA POLICE FORCE

*Audience: Children (0-11); Adolescents (12-18); Adults (18+); Parents and Families*

**Primary Phone:** 1-473-440-4739



# SUMMARY OF FREE GOVERNMENT SERVICES

## COMMUNITY CLINICS

*Audience: Children (0-11); Adolescents (12-17);  
Adults (18+); Families and Parents*

### Mental Health Clinics:

St. George's District      **Primary Phone:**  
1-473-440-3272  
1-473-440-3154

St. David's District      **Primary Phone:**  
1-473-444-6249

St. Andrew's District      **Primary Phone:**  
1-473-442-7623  
1-473-442-7443

St. Patrick's District      **Primary Phone:**  
1-473-442-9337

St. John's District      **Primary Phone:**  
1-473-444-8414  
1-473-444-8764

Carriacou & Petite  
Martinique      **Primary Phone:**  
1-473-443-6415

## NATIONAL DISASTER MANAGEMENT AGENCY

*Audience: Children (0-11); Adolescents (12-17);  
Adults (18+); Parents and Families*

**Primary Phone:**      1-473-440-8390

*\*NaDMA does not offer MHPSS Services as it primarily serves  
as a coordinating mechanism in disasters.*





# EDUCATION





# STUDENT SUPPORT SERVICES

**Student Support Services** is that part of the education system which provides a group of essential services and student development programmes to help each student achieve their full potential by removing barriers to the same and ensuring their retention and graduation from one academic stream to another. The main objective of the **Student Support Services Unit** is to provide leadership, services and support to strengthen the capacity of schools, families and communities to ensure the success of all students through collaboration in the educational process.

## SOME SERVICES OFFERED:

- ➔ Anger Management
- ➔ Child-centered therapy
- ➔ General Counselling
- ➔ Alcohol/Drug Abuse Prevention
- ➔ Suicide Prevention
- ➔ Group therapy/Interventions

## ACCESSIBILITY:

## THE DETAILS:

**Audience:** Children (0-11); Adolescents (12-17) and Parents

**Language:** English

**Address:** Botanical Gardens, Tanteen, St. George's, Grenada

**Hours of Operation:** Monday - Friday  
8:00AM - 3:00PM

### Contact Details:

**Primary Phone:** 1-473-440-2737  
1-473-414-1075

**Email:** [moe@moe.edu.gd](mailto:moe@moe.edu.gd)



[Ministry of Education Grenada](#)



[Moegrenada](#)

## ACCESSING SERVICES:

### UNDER 18?:

You can make an appointment **in person** by visiting the facility. **However, appointments are not mandatory.**

You can also access services by **walking in and referral**. You are **not required to be accompanied by an adult to access services and you do not need parent consent**. You can bring a friend to the appointment.

### 18 AND OVER?:

**Only parents can access services.** They can make appointments by phone and in person by visiting the facility. **Appointments are mandatory.**

Wait time for appointment: Same Day  
Typical length of session: 30 to 45 minutes





# **CHILD PROTECTION AND SOCIAL SERVICES**



## SOCIAL CARE UNIT GRENADA YOUTH CENTER

The **Social Care Unit** was established to provide a safe confidential space in which young people can receive the psychosocial support services they need to cope with and or alleviate their emotional and social distresses. At present, the Unit offers mentoring and referrals as the primary methods of intervention.

### KEY SERVICES OFFERED:

- ➔ Mentoring
- ➔ Referrals

### THE DETAILS:

**Audience:** Adults (18+)

*\*Social Care Unit caters to youth that are in the Ministry programmes*

**Language:** English

**Address:** Imani Secretariat, Morne Rouge  
Grand Anse, St. George

*\*Services are also provided in Carriacou*

**Hours of Operation:** Monday - Friday  
8:00AM - 4:00PM

*\*All agencies are closed on public holidays*

**Contact Details:**

**Primary Phone:** 1-473-439-9923

**Secondary Phone:** 1-473-537-0882

**Email:** youthcoordinator@youth.gov.gd

### ACCESSING SERVICES:

#### UNDER 18?:

Services are only available to persons over the age of 18.

#### 18 AND OVER?:

The Unit services are offered to youth who participate in the IMANI programme for persons between the ages of 18 and 35.

Session are dependent on the nature of the issue



# PSYCHOSOCIAL SUPPORT UNIT

The **Psychosocial Support Unit** works within the Ministry of Social Development, Housing and Community Development and Gender Affairs to provide counselling.

## SOME SERVICES OFFERED:

- ➔ Anger Management
- ➔ Clinical Mental Health Counselling
- ➔ Cognitive Behaviour Therapy
- ➔ Family Therapy
- ➔ General Counselling
- ➔ Suicide Prevention

*\*Support Groups for those who are victims of domestic violence.*

## THE DETAILS:

**Audience:** Adults (18+); Parents and Families

**Language:** English

**Address:** Eric Matthew Gary, Botanical Gardens  
St. George's, Grenada

*St. George's, Grenada and Barbados have sub offices.*

**Hours to Operation:** Monday - Friday  
8:00AM - 4:00PM

### Contact Details:

**Primary Phone:** 1-473-440-2269



[Ministry of Social & Community Development, Housing and Gender Affairs](#)

## ACCESSIBILITY:



## ACCESSING SERVICES:

### UNDER 18?:

You can access services by **walking in** and **referral**. **Parent consent is needed to access services** and you are **required to be accompanied by a trusted adult**.

You can **bring a friend** to the appointment.

### 18 AND OVER?:

You can make an appointment **by phone** and **Whatsapp**. However, appointments are not mandatory.

You can also access services by **walking in** and **referral**.

Wait time for appointment: Less than 2 weeks  
Typical length of session: 45 minutes to 1 hour





## CHILD PROTECTION AUTHORITY

The Child (Protection and Adoption) Act (2010) replaced the Child (Protection) Act (2001) and offers protection for children who are exposed to abuse. The Act includes the following: a definition of a “child in need of care and protection” that includes all forms of physical, sexual and emotional abuse, as well as exposure to domestic violence, neglect, and abandonment; mandatory reporting by professionals in the care and service of children if there is knowledge or suspicion of any form of child abuse; provisions for adoption, thereby reducing the opportunity for trafficking and abuse; and establishes the [Child Protection Authority](#) as the single agency responsible for addressing matters regarding the care, protection and adoption of children.

### KEY SERVICES OFFERED:

- ➔ Anti-bullying Programmes
- ➔ Child-centered therapy
- ➔ Crisis Intervention
- ➔ General Counselling
- ➔ Suicide Prevention
- ➔ Trauma-based Counselling

### ACCESSIBILITY:

### THE DETAILS:

**Audience:** Children (0-11); Adolescents (12-17) and Parents

**Language:** English

**Address:** Calivigny, P O. Box 1962, St. George Grenada

*\*Services are also offered to those in Petite Martinique and Carriacou*

**Hours of Operation:** Monday - Friday  
8:00AM - 4:00PM

#### Contact Details:

**Primary Phone:** 1-473-435-0293

**Secondary Phone:** 1-473-440-6990

**WhatsApp:** 1-473-533-6990

**Hotline:** 1-473-533-6990

**Email:** [info@cpagrenada.org](mailto:info@cpagrenada.org)



[Child Protection Authority Grenada](#)



[Childprotectiongrenada](#)

### ACCESSING SERVICES:

#### UNDER 18?:

You can access services by **walking in (if an existing client) and referrals** which can be issued by court, schools, other social service agencies, police and parents. Referrals are needed to access counselling services.

**Parent consent is also required** to access services. Initially, you are required to be accompanied by a trusted adult to access services. You can also bring a friend to the appointment.

#### 18 AND OVER?:

Services are not accessible to those over 18 unless the individual is a client and has turned 18. If the individual is a former client and reaches out, help may be provided or a referral made.

Appointments in these are cases **mandatory** and can be made **by phone, WhatsApp, or in person** by visiting the facility.

Wait time for appointment: Less than 2 weeks  
Typical length of session: 45 minutes to 1 hour

★ Today is a good day to be kind to your mind.



# HEALTH



# MOUNT GAY PSYCHIATRIC HOSPITAL COMMUNITY SERVICES

Mount Gay Psychiatric Hospital provides psychiatric services, which include Hospital (clients warded) and Community Services. Community Mental Health Nurses provide services to clients in every Health District, additionally **Community Mental Health Clinics** are conducted in every Health District once per month, except for St. George's where clinics are conducted weekly.



## SOME SERVICES OFFERED:

- ➔ Child-Centered therapy
- ➔ Clinical Mental Health Counselling
- ➔ Family Therapy
- ➔ General Counselling
- ➔ Psychiatry
- ➔ Social Work Services

**ACCESSIBILITY:**

## ACCESSING SERVICES:

### UNDER 18?:

You can access services by **referral**. You need parent consent to access services and are **required to be accompanied by a trusted adult**.

### 18 AND OVER?:

You can make appointments **by phone** and **in person**. You can also access services **by walking in and referrals**.

*Note that all admissions should go through Accident and Emergency mostly however, this may vary based on the clinics.*

Wait time for any appointment: Less than 1 week  
Typical length of session: 30 to 45 minutes

## THE DETAILS:



**Audience:** Children (0-11); Adolescents (12-17), Adults (18+); Families and Parents

**Language:** English

### Mental Health Clinics:

St. George's District

\*Thursdays - 8.00AM - 4.00PM

**Primary Phone:**

1-473-440-3272

1-473-440-3154

St. David's District

\*1st Wednesday of the Month  
8:00AM - 4:00PM

**Primary Phone:**

1-473-444-6249

St. Andrew's District

\*2nd Wednesday of the Month  
8:00AM - 4:00PM

**Primary Phone:**

1-473-442-7623

1-473-442-7443

St. Patrick's District

\*3rd Wednesday of the Month  
8:00AM - 4:00PM

**Primary Phone:**

1-473-442-9337

St. John's District

\*4th Wednesday of the Month  
8:00AM - 4:00PM

**Primary Phone:**

1-473-444-8414

1-473-444-8764

Carriacou & Petite  
Martinique

\*1st Friday of the Month  
8:00AM - 4:00PM

**Primary Phone:**

1-473-443-6415

Mount Gay Psychiatric  
Hospital

\*24 Hours daily

**Primary Phone:**

1-473-440-3272

1-473-440-3154

Child Health Clinic

\*Tuesdays - 8:00AM - 4:00PM





**JUSTICE**



## SPECIAL VICTIMS UNIT ROYAL GRENADA POLICE FORCE

The **Special Victims Unit** coordinates, monitors and provides guidance for the effective and timely investigation of all matters related to special victims. We collaborate with other stakeholders to ensure appropriate and timely intervention and support for all victims. We provide support in terms of medical assistance and also referrals to the other support agencies. We investigate matters and either issue warnings, hold case conferences, or bring matters before the court.



### SERVICES OFFERED:

- ➔ Community Outreach
- ➔ Community Education

### ACCESSIBILITY:

### THE DETAILS:



**Audience:** Children (0-11); Adolescents (12-18); Adults (18+); Parents and Families

*\*Special Victims Unit specifically manages all reports of Domestic Violence, Sexual Violence and Child Abuse.*

**Language:** English

**Address:** H.A. Blaize Street, St. George, Grenada

**Hours to Operation:** Monday - Friday  
8:00AM - 4:00PM

#### Contact Details:

**Primary Phone:** 1-473-440-4739  
1-473-406-7897

**WhatsApp:** 1-473-456-7806

**Hotline:** 400

**Email:** [Specialvictimsunit400@Outlook.com](mailto:Specialvictimsunit400@Outlook.com)



[Royal Grenada Police Force](#)

### ACCESSING SUPPORT:

#### UNDER 18?:

You can access support by walking in and referrals, which are mandatory.

Parental consent is needed to access support.

#### 18 AND OVER?:

You can make an appointment **by phone** or **in person** by visiting the facility.

You can also access support by walking in.

Wait time for appointment: Same Day  
Typical length of session: Less than 30 minutes



A hand holding a pineapple underwater. The hand is on the right side of the frame, with several colorful string bracelets on the wrist. The pineapple is held in the center, with its green and yellow spiky skin clearly visible. The top of the pineapple, showing its green leaves, is above a blue horizontal band that contains the title text. The background is a clear, turquoise body of water with sunlight filtering through, creating a pattern of light and shadow on the sandy bottom.

# EMERGENCY AND DISASTER RESPONSE

# NATIONAL DISASTER MANAGEMENT AGENCY (NADMA)

**NaDMA** is the Agency responsible for coordinating all disaster management activities throughout Grenada, Carriacou and Petite Martinique. The mission of the NaDMA is to reduce the loss of life and property within Grenada, Carriacou and Petite Martinique by ensuring that adequate preparedness, response and mitigation measures are in place to deal with the impact of hazards. The vision of the Agency is to develop a culture of prevention and safety among all sectors of society.

**NaDMA does not offer MHPSS Services as it primarily serves as a coordinating mechanism in disasters. It may make referrals to other agencies.**

**ACCESSIBILITY:**  

## THE DETAILS:

**Audience:** Children (0-11); Adolescents (12-17); Adults (18+); Parents and Families

*\*The Department focuses on persons affected by hazard/disaster events*

**Language:** English

**Address:** Morne Jaloux, St. George, Grenada

*\*Services are also offered to those in Petite Martinique and Carriacou*

### Contact Details:

**Primary Phone:** 1-473-440-8390

**Secondary Phone:** 1-473-440-8391  
1-473-440-8392

**Email:** [admin@nadma.gd](mailto:admin@nadma.gd)



[nadmagrenada](https://www.facebook.com/nadmagrenada)

★ Gentle Reminder: In a moment of crisis, reaching out is the kindest thing you can do for yourself.



Visit [www.youngcaribbeanminds.com](http://www.youngcaribbeanminds.com)  
to download the most recent version of this directory  
and for more Mental Health resources such as  
workbooks, videos, games, apps, toolkits and more.

