



## ALCOHOL AND COVID-19

### THE WAY FORWARD

## REDUCING ALCOHOL CONSUMPTION AND HARMS WHO SAFER TECHNICAL PACKAGE

# SAFER

## STRENGTHEN

restrictions on **how, where and when alcohol may be sold and consumed**, including restrictions on **alcohol e-commerce**



## ADVANCE

and enforce **drink driving laws** and counter measures, like sobriety testing and expanding the use of breathalyzers



## FACILITATE

and **integrate screening and interventions in primary health care** to respond and prevent harmful alcohol use, especially among vulnerable groups- persons living with NCDs, pregnant people and the immunocompromised



## ENFORCE

**bans on alcohol advertising, sponsorship and promotion**, especially related to **resource donations** made by the alcohol industry during times of health, social, environmental and economic crisis



## RAISE

**taxes on alcohol** to restrict access and **generate revenue to support public health programs**, especially alcohol rehabilitation, mental health and harm reduction support services.



## ADDITIONAL KEY RECOMMENDATIONS

### INCREASE PUBLIC AND POLICYMAKER AWARENESS

about the impact of the Covid-19 pandemic on alcohol consumption patterns, drivers, attributable harms and industry activities



### EXPAND RESEARCH EFFORTS

to capture recent and relevant data on alcohol consumption and mental health status from a representative Caribbean sample, including a focused study on youth mental health and substance use during the Covid-19 pandemic

