The objective of this webinar, “Transforming the Way We Eat: The Relationship between Agriculture, Food and Nutrition and NCDs” is to explore agriculture’s practical role in addressing food security, improving nutrition and health-related outcomes, especially for those living with chronic non-communicable diseases.

COVID-19 has highlighted the NCD pandemic in our region where 4 out of 10 adults are living this group of diseases. Relatedly, 1 in every 3 children and at least 50% of all adults are overweight or obese and some countries report adult overweight and obesity rates as high as 70%. These diet-related illnesses are linked to the overconsumption of foods that are energy dense, nutrient poor, processed and ultra-processed high in fats, salt and sugars; many of these foods are often imported. In a region where many countries import more than 90% of what they consume, it is critical that efforts are made to address the issue of food insecurity.

The panellists will discuss how innovative individual and community based agricultural practices, understanding the concept of eating what we grow, and increased investment in agricultural support and young ‘agripreneurs’, can help to build a region that feeds itself sustainably and contribute to improved health outcomes.

KEY THEMES

Through a guided discussion, panellists will explore the following key themes over the course of the webinar:

**Agriculture**
- The role of agriculture in securing a healthy food environment
- The role of youth in strengthening the agriculture sector
- Strategies that can be employed at the individual, institutional and country-wide level to strengthen and support the agriculture sector

**Food**
- The impact of increased access to healthy foods and how this can improve health outcomes
- Strategies to improve the consumption of local, fresh foods

**Moderators**

- Ms. Marcellia Henry
  Past Assistant Governor and District Membership Chair, District 7020, ROTARY
- Ms. Charity Dublin
  Healthy Caribbean Youth Member, CANDI Member

**Panellists/presenters**

- Professor Fitzroy Henry
  Professor of Public Health Nutrition, CDHS, University of Technology, Jamaica
- Dr. Iris Monnereau
  Regional Project Coordinator, Climate change adaptation of the Eastern Caribbean Fisheries Sector (CCAFISHER), FAO
- Mrs. Rosaline Clarke
  Paul Harris Fellow, Rotary Club of Barbados South
- Mr. Alpha Sennon
  Agripreneur and Founder of WHY FARM
- Chef Dane Saddler
  Executive Chef Caribbean Villa Chefs

Register for the webinar here.

Any questions or for more information please email danielle.walwyn@healthycaribbean.org