



WOMEN AND ALCOHOL

Know the facts

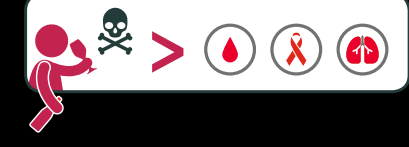
GLOBALLY



An estimated **46 MILLION WOMEN** have alcohol use **DISORDERS**

The level of consumption that **MINIMISES AN INDIVIDUAL'S RISK** is **0g of ETHANOL** per week

MORTALITY resulting from **ALCOHOL CONSUMPTION** was higher than that caused by diseases such as tuberculosis, HIV/AIDS and diabetes



In 2016



32.3% of **FEMALES** WERE **CURRENT DRINKERS**

In 2016

19.9%

OF **ADULT FEMALE DRINKERS** WERE **HEAVY EPISODIC DRINKERS**

There is **NO SAFE LEVEL** of alcohol consumption

THE CONSEQUENCES

0.7 MILLION WOMEN DIED as a result of alcohol consumption (2016)



THE AMERICAS*

Had the highest % of **ALCOHOL DEPENDENCE**

4.1%



Had the 2nd highest % of **CURRENT DRINKERS** aged 20-24

54.7%

Had the 2nd highest **TOTAL ALCOHOL PER CAPITA CONSUMPTION** (litres of pure alcohol) among the total population aged 15+

8%

*2016 Data

Had the highest % of alcohol use **DISORDERS** among **ADULT WOMEN**



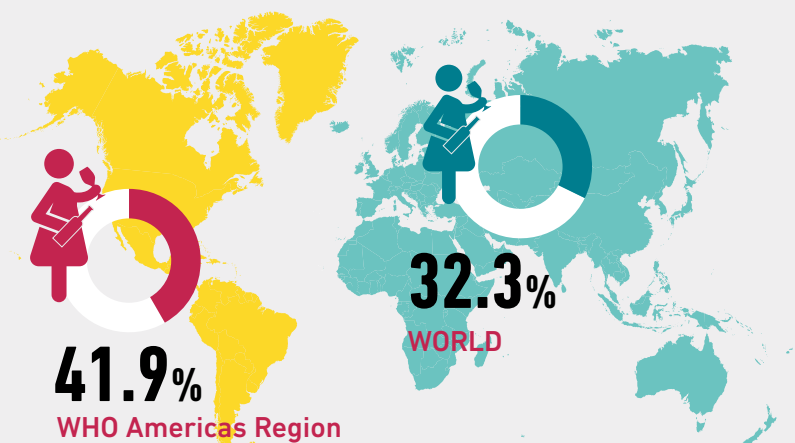
5.1%

The Americas

1.7%

World

PREVALENCE RATES OF FEMALE CURRENT DRINKERS



THE ENGLISH SPEAKING CARIBBEAN

Total **ALCOHOL PER CAPITA CONSUMPTION** (litres of pure alcohol) among female and male drinkers age 15 +



Country	Total APC
Saint Lucia	9.3
Barbados	8.9
Grenada	8.8
Dominica	8.4
Saint Vincent and the Grenadines	8.2

Prevalence of **HEAVY EPISODIC DRINKING** among female and male drinkers age 15 +



Country	Percentage
Saint Kitts and Nevis	29.3
Trinidad and Tobago	29.2
Saint Lucia	27.8
Grenada	27.8
Antigua and Barbuda	25.9

Prevalence of **HEAVY EPISODIC DRINKING** among female and male drinkers only age 15-19



Country	Percentage
Trinidad and Tobago	72.1
Saint Kitts and Nevis	71.3
Barbados	70.3
Saint Lucia	69.9
Grenada	69

Prevalence of **LIFETIME** female and male abstainers age 15+



Country	Percentage
Jamaica	54.9
Haiti	54.2
Guyana	50
Belize	47.4
Bahamas	45.6
Dominican Republic	45.5

Percentage of **FEMALE STUDENTS** aged 13-15 who drank at least one drink containing alcohol on **ONE OR MORE OF THE PAST 30 DAYS**



Country	Percentage
Dominica	54.0%
Saint Vincent	53.5%
Saint Lucia	52.2%
Barbados	45.8%
Antigua and Barbuda	45.7%

GSHS Data

Percentage of **FEMALE STUDENTS** aged 13-15 years who drank so much alcohol that they were really **DRUNK** **ONE OR MORE TIMES DURING THEIR LIFE**



Country	Percentage
Jamaica	78.7%
Dominica	28.8%
Guyana	24.5%
Antigua and Barbuda	19.5%
Barbados	19.0%

GSHS Data

Alcohol affects men and women differently, giving rise to unique gender-based vulnerabilities.

For **CARD 2019**, the theme is **WOMEN AND ALCOHOL**

IF YOU DRINK ALCOHOL - DRINK LESS
IF YOU DON'T DRINK - DON'T START



Notes:
- Current drinking is defined as having consumed alcohol within the 12 months prior to survey
- Heavy episodic drinking is defined as having consumed 60 grams or more of pure alcohol on at least one occasion in the past 30 days
- Alcohol dependence is defined as a disorder in which an individual has difficulty controlling their alcohol use.

Sources:
• GSHS Data: Data gathered from the Global School based Health Survey 2007-2017
• WHO Global Status Report (GSR) on Alcohol and Health 2018
• Manthey J, Shield KD, Rylett M, Hasan OSM, Probst C, Rehm J. Global alcohol exposure between 1990 and 2017 and forecasts until 2030: a modelling study. Lancet. 2019; (published online May 7.) [http://dx.doi.org/10.1016/S0140-6736\(18\)32744-2](http://dx.doi.org/10.1016/S0140-6736(18)32744-2)
• World Health Organization. (2018). *International classification of diseases for mortality and morbidity statistics* (11th Revision).