WOMEN AND ALCOHOL
Know the facts

An estimated

GLOBALLY

66 MILLION WOMEN
have alcohol use
DISORDERS

In 2016

32.3% of FEMALES
were CURRENT
DRINKERS

In 2016

19.9% of ADULT
FEMALE
had the highest
% of CURRENT
DRINKERS

THE CONSEQUENCES

0.7 MILLION WOMEN DIED
as a result of alcohol consumption (2016)

THE ENGLISH SPEAKING CARIBBEAN

11 COUNTRIES

2.2 MILLION WOMEN
DRINKERS

5.9 MILLION WOMEN
NON-DRINKERS

PREVALENCE RATES
OF FEMALE CURRENT DRINKERS

WOMEN AND ALCOHOL

• WHO Global Status Report (GSR) on Alcohol and Health 2018
• GSHS Data: Data gathered from the Global School based Health Survey 2007-2017

Sources:
– Alcohol dependence is defined as a disorder in which an individual has difficulty controlling their alcohol use.
– Heavy episodic drinking is defined as having consumed 60 grams or more of pure alcohol on at least one occasion in the past 30 days
– Current drinking is defined as having consumed alcohol within the 12 months prior to survey

Notes:

4.1

Alcohol affects men and women differently, giving rise to unique gender-based vulnerabilities.

Alcohol use disorders (AUDs) are among the most prevalent mental health disorders worldwide and are associated with a significant burden of disease in terms of health and lost productivity.

GLOBAL TRENDS

- Alcohol use disorders were responsible for 2.3% of the global years lost due to disability (YLD) in 2016.
- Among females, the age-standardized prevalence of AUD was 1.6% in 2016.
- AUD prevalence was highest in the Americas (4.1% in females and 1.7% in males) and lowest in the Western Pacific (1.2% in females and 0.3% in males).

ALCOHOL CONSUMPTION

- In 2016, the total alcohol per capita consumption in the Americas was 45.8 liters, followed by the European region at 52.2 liters, and then the Asia Pacific region at 53.5 liters.

DISORDERS

- In 2016, 54.7% of the total alcohol per capita consumption in the Americas was consumed by females. This percentage was highest in Saint Lucia (69.9%) and lowest in the Republic of the Congo (19.7%).

DRINKING

- In 2016, 45.6% of the global youth population aged 15-19 drank at least one drink containing alcohol in the past month.

DISTRIBUTION

- In 2016, 78.7% of female current drinkers were aged 15-19.

THE AMERICAS

- In 2016, 32.3% of female current drinkers were aged 15-19.

IF YOU DRINK ALCOHOL – DRINK LESS
IF YOU DON'T DRINK – DON'T START

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For CARD 2019, the theme is “WOMEN AND ALCOHOL”