YOUTH AND CHILDHOOD OBESITY PREVENTION

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WHY THE YOUTH?

01

“Nothing for us, without us.”
(Genuine advocates Daniel Alleyne, Krystal Boyea)

02

Peer Learning & Engagement
INVolving Youth?

• Reach out to diverse youth groups.

• Ensure meaningful youth participation in designing advocacy strategies.

• Build capacity.
WATCH THE GROWTH!

Oversee the process
Motivate and Empower
ACHIEVING YOUTH-CENTRED NCD POLICIES, PROGRAMS, AND SERVICES REQUIRES THE SUBSTANTIVE INVOLVEMENT OF YOUTH ON NATIONAL, REGIONAL, AND GLOBAL LEVELS. NCD CHILD BELIEVES THAT THIS CAN BE ACHIEVED THROUGH THE INVOLVEMENT OF YOUTH AS DECISION-MAKERS IN BOTH GRASSROOTS, COMMUNITY-BASED ACTION AND HIGH-LEVEL INTERNATIONAL POLICY PROCESSES.
HOW DO I ADVOCATE FOR CHILDHOOD OBESITY PREVENTION?

- My Healthy Caribbean School
- Barbados Childhood Obesity Prevention Coalition Steering Committee
- Barbados Community College
- United Youth Leaders of Barbados
- Peer Groups