BARBADOS CHILDHOOD OBESITY PREVENTION

PUBLIC OPINION POLL

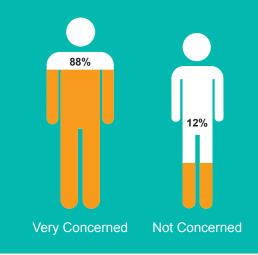
Barbadians are showing strong support for policies that will create a healthier environment in the nation's schools.

In 2018, the Heart & Stroke Foundation of Barbados, Inc. commissioned the services of the Caribbean Development Research Services (CADRES) to conduct a public opinion poll on obesity policy measures.

Methodology:

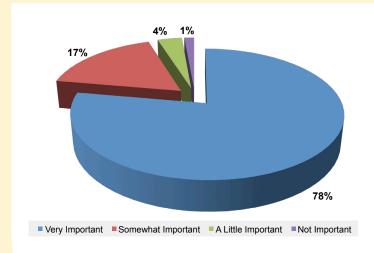
- Face-to-face household survey using nationally representative sample via random selection of households
- 816 survey respondents
- Survey conducted November December, 2018

General Concern About Obesity in Children



Contributors to **Obesity in Barbados** 92% 84% 100% 80% 60% 40% 20% 0% Drinking Lack of Preparing Eating Eating unhealthy sugary

Importance of Government's Role in Reducing Obesity

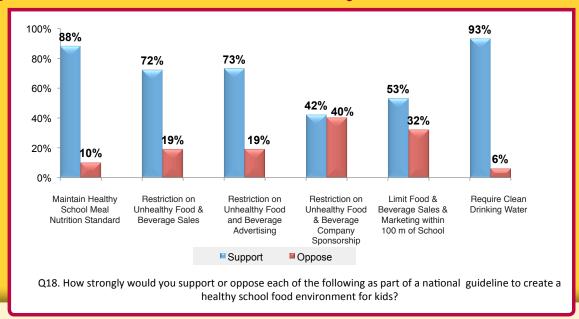


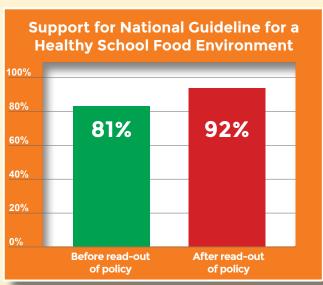


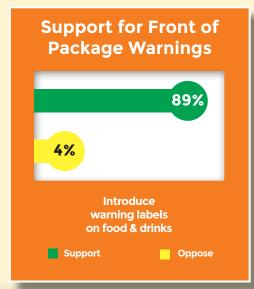




Support for Policies to Create a Healthy School Food Environment







Key Takeaways

Barbadians are very concerned about obesity (83%) and childhood obesity (88%).

- 2. The majority of Barbadians (97%) believe HAVE INDICATED that it is important for children to have access to healthy food and drinks at school and a large number (62%) said that the current food environment in schools was not healthy.
- 3. Barbadians are showing strong support for policies that will create a healthier environment in the nation's schools including restricting the sale of unhealthy foods and beverages (72%) as well as the marketing/advertising of these unhealthy products (73%) within the schools.
- 4. Barbadians (92%) support having a National Policy to ensure a healthy school environment.
- 5. There was an overwhelming recognition by 99% of Barbadians polled that it is important that government takes action to reduce Obesity and the related Non-Communicable Diseases (NCDs).
- 6. There was also strong support for the introduction of Front of Package Warning Labels on food and beverages (89%).





