KNOW THE FACTS
A Snapshot of Youth and Alcohol

GLOBAL BURDEN OF DISEASE

More than a quarter of all 15 to 19-year-olds are current drinkers, with rates of current drinking highest among this age group in Europe, followed by the Americas (North & South America and the Caribbean) and the Western Pacific.

Adolescents on average drink less frequently than adults, but consume more per occasion when they do drink.

Most students surveyed in the Americas had their first drink before the age of 14.

Young people in the English Speaking Caribbean are exposed to alcohol at an early age

Percentage of students aged 13-15 years who drank at least one drink containing alcohol on one or more of the past 30 days:

<table>
<thead>
<tr>
<th>Country</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Lucia</td>
<td>51.4%</td>
</tr>
<tr>
<td>Dominica</td>
<td>54.4%</td>
</tr>
<tr>
<td>St. Kitts and the Nevis</td>
<td>52.2%</td>
</tr>
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<td>46.6%</td>
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Among students aged 13-15 years who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before the age of 14:

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The following countries have the HIGHEST prevalence of heavy episodic drinking (more than 5 drinks in less than 2 hours) amongst 15-19-year olds:

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<tr>
<td>Trinidad and Tobago</td>
<td>72.1%</td>
</tr>
<tr>
<td>Barbados</td>
<td>70.3%</td>
</tr>
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<td>Saint Kitts &amp; Nevis</td>
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</tr>
<tr>
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The ENGLISH SPEAKING CARIBBEAN

Alcohol is the leading risk factor for death and disability among young people aged 15-19 in the Americas and worldwide.

More than a quarter of all 15 to 19-year-olds, are current drinkers, with rates of current drinking highest among this age group in Europe, followed by the Americas (North & South America and the Caribbean) and the Western Pacific.

Adolescents on average drink less frequently than adults, but consume more per occasion when they do drink.

Most students surveyed in the Americas had their first drink before the age of 14.

THE CONSEQUENCES

Around 14,000 DEATHS OF CHILDREN AND YOUTH under 19 were attributed to alcohol in 2010, in the Americas.

Create a SAFER Environment for your youth!

Sources:
1. WHO Global Status Report (GSR) on Alcohol and Health 2018
4. Data gathered from youth 13-15 years old from the Global School based Health Survey 2007-2017

HEAVY DRINKING

The following countries have the HIGHEST prevalence of heavy episodic drinking (more than 5 drinks in less than 2 hours) amongst the 15-19 year olds.

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