

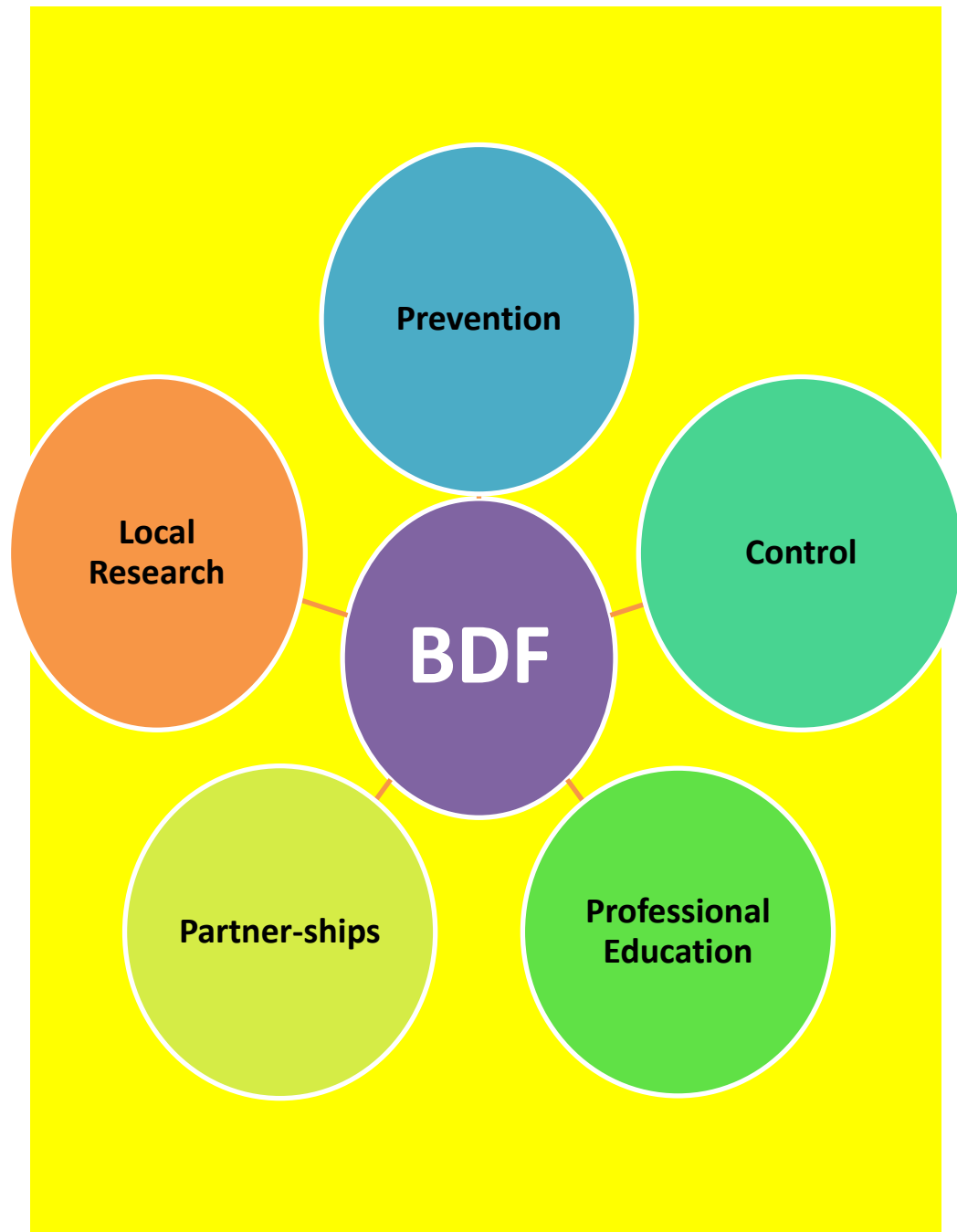
Barbados Diabetes Foundation: Towards excellence in diabetes prevention and control



Dr. Diane Brathwaite

Background

- Established more than 14 years ago
- Development of a multidisciplinary centre 4 years ago
- Focus on self management education
- Patient centric approach.
- Partnership between government and NGO



Barbados : Reality and Challenges

- 18.7% population over 25yrs Diabetic
- 46.7% persons > age 65 years
- No screening programs
- Standardized self management programs
- Nutrition understanding poor
- Psychosocial and Cognitive Barriers
- Obesity epidemic
- Cultural myths and perceptions
- High risk pediatric populations
- Males : poor healthcare seeking practises
- High complication rates



Prevention: Through Partnerships

Local Diabetes Association: Community

Associations: e.g. BCA, HCC, BFP, BDF, Massay, Schools

High Risk Pediatric Program

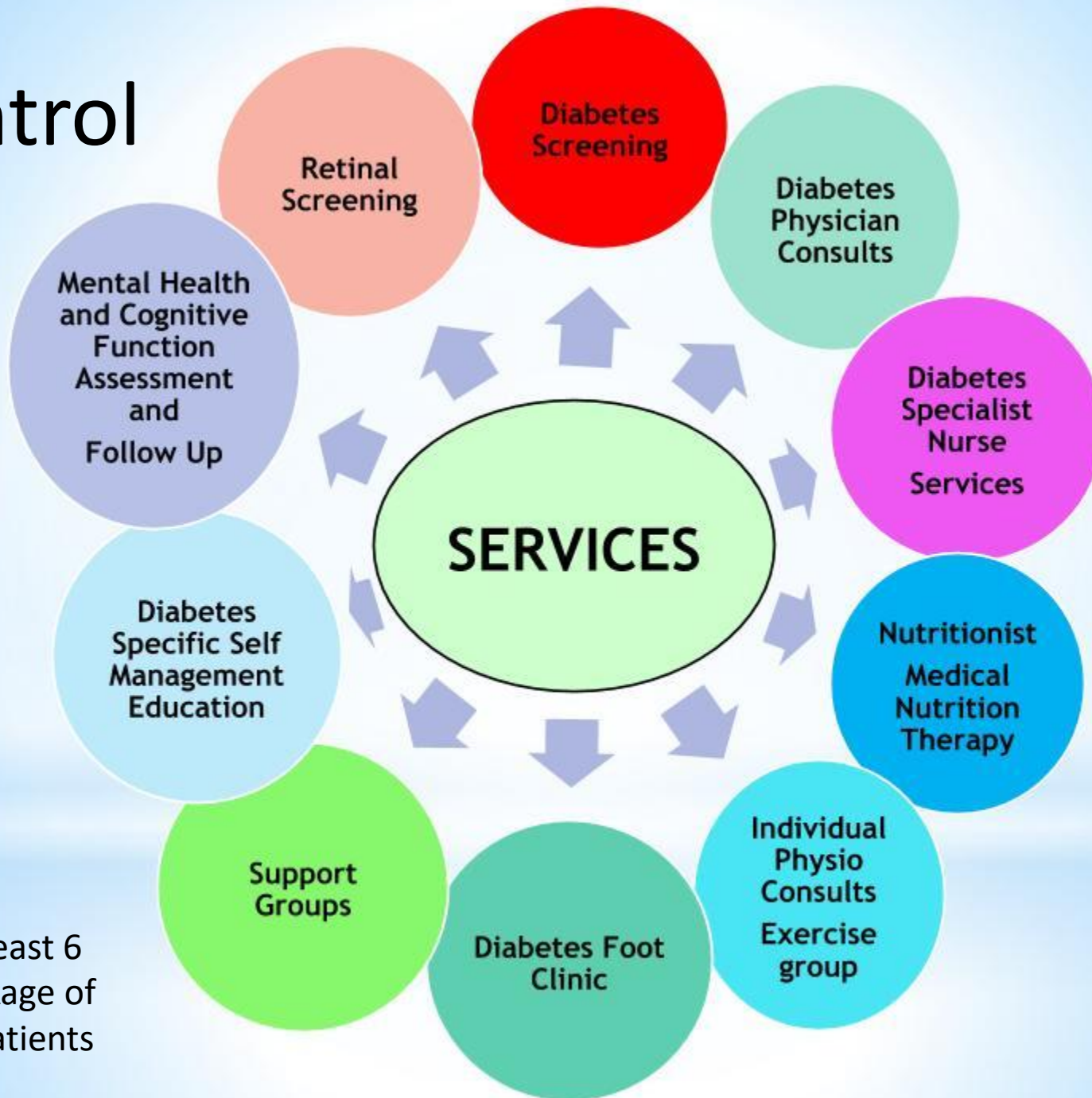
Radio , Television, Social Media

Intense management of high risk adults

Education: Physicians and Auxillary Care Providers

National Type 1 Diabetes Register

Control



Private

Public : At least 6 month package of care. 220 patients annually

A1c Trend in Cohort of 23 consecutively presenting public patients Over 6 Months

