

Curbing Diabetes in the hinterlands of Suriname

The One Stop Shop Foundation

DM care and prevention with cultural sensitive and innovative medical solutions

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History of our organisation

One Stop Shop (OSS) was established early 2013 and grew out of the foundation for diabetic education in Suriname (member of the international Diabetes Foundation).

The OSS originally started as a joined effort from the Ministry of Health, Academic Hospital Paramaribo and the foundation for diabetic education. We now operate from three locations; one at the premises of the Academic Hospital Paramaribo, one located in a residential neighbourhood in Paramaribo and one satellite centre in the district of Nickerie adjacent to the local main regional hospital.

Our approach

The focus is on primary and secondary prevention and an integrated approach in delivery of healthcare services to substantially contribute to halting the growth of NCD's and improvement of the quality of life of NCD patients

Integration of prevention, support and care are key in the successful treatment of NCD's. With education and strategic promotion of healthy behavior, long term therapy compliance and the commitment of patients and their direct surroundings measurable results have been achieved



Goal of the WDF project

To deliver integrated highest quality culturally-sensitive care, cure as well as prevention to people at risk of contracting or suffering from Diabetes living in rural and hinterland areas of Suriname.

This project, funded by WDF, is executed in full partnership with the Integrated Primary Health care provider (MZ) who has the infrastructure and the logistic operations to reach the target audience of 50.000 people living in a geographical area that covers 90% of Suriname.

The objectives of our project

We work towards:

- ✓ The establishment of culturally-sensitive focal points (OSS satellites) responsible for sustained coordination of the latest academic, professional, business, organizational and social approaches towards Diabetes
- ✓ Education of selected local health care providers and clerical staff on Diabetes
- ✓ Engagement of traditional extended networks to follow patients adherence and to support health care providers in the field
- ✓ Development of culturally-sensitive material and training curricula explaining and encouraging life style changes by target groups (prevention)
- ✓ Involvement of NGOs in the process of community participation and primary prevention activities.

An overview

	Phase	Focus	Targeted at
0	Pilot	Base line creation and customization of approach; test PM structure	Project Management group
1	Training	Basic training on DM protocols and care provision of partner organization	Care providers in target area
2	DM satellite	Satellite clinics equipped and In depth training provided to personnel satellites	Communities as receivers of adequate DM care
3	Support structure	Networks and liaisons in support of satellites. Information network to monitor progress and exchange information	Providers of DM care in urban and rural care
4	Culture sensitive health promotion	Primary and secondary prevention that appeals to the beliefs and value systems of target areas	DM patients and local communities
5	Networking and lobbying	Sustainability of prevention interventions through available NGO/CBO infrastructure	Communities through CBO's and NGO's

The process; impressions

Meeting MZ-OSS pilot project team



Challenges and ambition OSS

Challenges:

- Develop capacity for an integrated nation wide approach of NCD's
- Recognition for an approach that works; expand the protocols for DM nationally
- Growing operational costs and timely receipt of government subsidy
- Organizational challenges caused by growth in terms of logistics, ICT and personnel

The OSS ambition. By 2025 we are:

- At the centre of excellence on diabetic care
- Managing a country wide DM monitoring database with multiple clinics in coastal and hinterland areas
- Involved in on-going research on NCD monitoring in a multi-ethnic context
- At the heart of a patient-centred approach in the Suriname health sector

OSS partners

What we do and aspire to do we undertake in partnership with:

- Our government and more specific our Health Authorities
- Other medical and paramedical caregivers who support and invest in an integrated approach to NCD care
- Health insurers who have an interest in an integrated approach to curbing the growth and stand for a result-oriented treatment and guidance of NCD patients / clients
- Patients associations that work on the behavioural and lifestyle changes close to the target groups

Q & A

