

Dr. Virloy Lewin

Bio

Since 2010, Dr. Virloy Lewin has been the Health Promotion Coordinator for the Department of Health on the island of Bermuda. During her tenure, she has partnered with other professionals and agencies to implement a number of strategies to improve the health of Bermuda residents, specifically focusing on Healthy Eating and Active Living (HEAL). Some of these strategies include, Move More Bermuda; Know Your Numbers Health Screenings; Celebrating Wellness; \$aver the Flavour Grocery Store Initiative; Grow. Eat. \$ave Gardening Workshops; and Bermuda 50 Million Steps Challenge.

Dr. Lewin is currently working with in collaboration colleagues to develop a Framework to Halt the Rise of Obesity and Diabetes in Bermuda. This framework will take an all-of-society approach to tackle these very serious threats to public health.

Additionally, Dr. Lewin currently chairs the Well Bermuda Partnership, which has been in existence since 2006. She also serves on a number of committees, internal and external to the Department of Health.