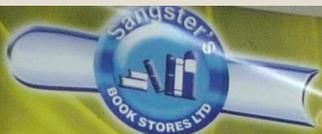


# HOW I FOUGHT CANCER A PERSONAL STORY

By:

Dr. Jennifer Mamby Alexander  
HEALTHY CARIBBEAN 2012  
Wyndham Hotel, Jamaica  
27<sup>th</sup> May 2012



'We have it all'

# Book Signing

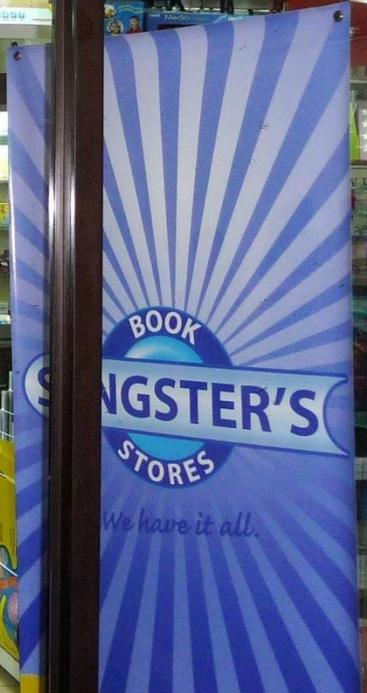
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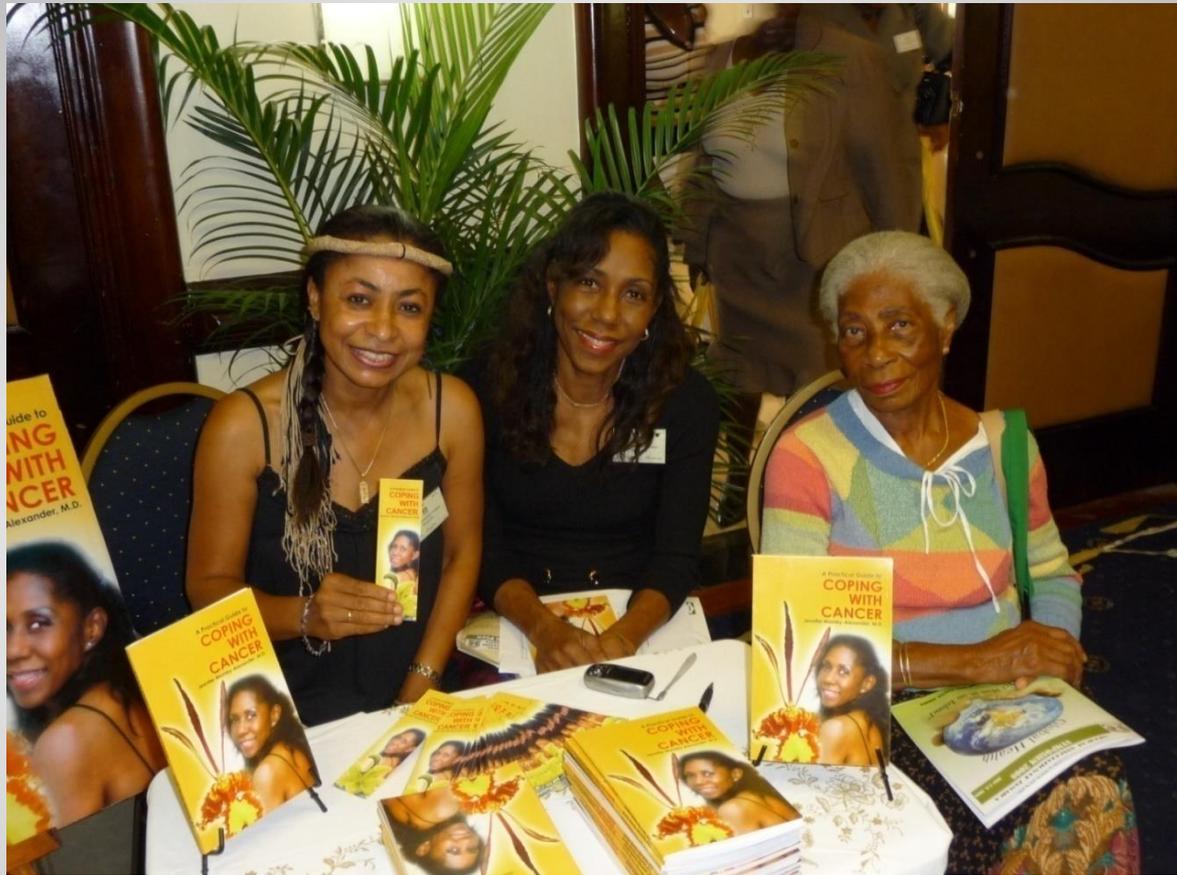
**ME & MY 3 SONS**  
**(My Moment in Time)**

- We are boxed in by the boundary conditions of our thinking.
- Mind management is essentially the key to life management
- We all have the power to choose what we think

**Albert Einstein**

- Your time is limited so do not waste it living someone else's life.
- Don't let the noise of others' opinions drown out your inner voice.
- Have the courage to follow your heart and intuition.

**Jobs Steve**



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