

A Civil Society Regional Status Report: NCD Commissions in CARICOM and Other Multi-Sectoral Responses

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A huge thank you to NCD Commission Chairpersons

- **Dr Victor Coombs** **Trinidad & Tobago**
- **Dr Marvin Manzanero** **Belize**
- **Prof Rosemarie Wright-Pascoe** **Jamaica**
- **Dr Omawale Amuleru-Marshall** **Grenada**
- **Prof Trevor Hassell** **Barbados**

Genesis of multi-sectoral NCD Commissions in the Caribbean

- 2004 – Barbados MOH “Strategy for the Prevention and Control of Chronic Non-Communicable Diseases”
 - Multi-sectoral NCD Commission
 - Senior Medical Officer of Health for NCDs
 - Health Promotion Unit with three staff
- Barbados NCD Commission first meets March 2007. Prof Hassell as chair since inception even with change in governing political party
- CARICOM Heads of Govt POS NCD Declaration Sept 2007

“we strongly encourage the establishment of National Commissions on NCDs or analogous bodies to plan and coordinate the comprehensive prevention and control of chronic NCDs”

Guidance from CARICOM 2nd Annual NCD FP / CMO Meeting in 2011

Excerpt from CARICOM Regional NCD Plan 2011-2015

PRIORITY ACTION # 5: PROGRAMME MANAGEMENT

- 10.1.1) Inter-sectoral NCD Commissions or analogous bodies appointed and functioning in at least 10 countries by 2012, and in all countries by 2014*
- 10.1.2) Model Terms of Reference (TOR) define multi-sectoral composition, mandates to make policy recommendations, and to evaluate NCD programmes, .. by 2012*
- 10.1.5) Training in NCD prevention and control, partnerships, programme management and evaluation for Ministry of Health personnel and members of the national NCD Commissions in at least 8 countries by 2013*

- **National Non Communicable Diseases (NCD) Commissions**

Guidelines and Recommendations

- **Model Terms of Reference, membership, development and function**

Preliminary Results

5 NCD Commissions

% with NCD
Commissions

- 0%
- 100%
- 80%
- 25%

	NCD Commissions (2013 responses)	HCC Survey Nov 2013	Proportion Commissions surveyed
Haiti			0/1
Jamaica	Yes	Survey	
Trinidad & Tobago	Yes	Survey	2/2
Guyana	Yes		
Suriname	±		
Bahamas	Yes		
Belize	Yes	Survey	
Barbados	Yes	Survey	2/4
Saint Lucia	±		
Grenada	Yes	Survey	
Saint Vincent & Grenadines			
Antigua & Barbuda			
Dominica	±		
Bermuda	Yes		
*Cayman Islands			
Saint Kitts & Nevis			
*Turks & Caicos Islands			
*British Virgin Islands	Yes		
*Anguilla	±		
*Montserrat			1/3
TOTAL	9	5	5/9
*UK Overseas Territories			

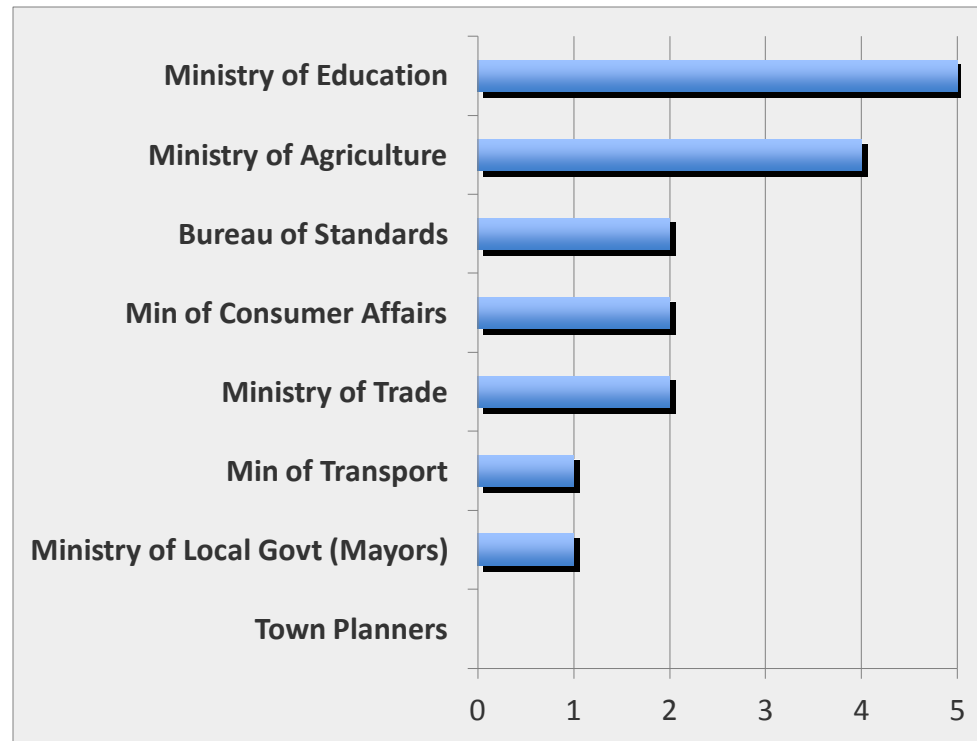
Regional Status – NCD Commissions

- St Lucia: NCD Commission 2007 -2011. Dissolved after elections. New commission recently approved, but no Chairman yet. (Didier Nov 2013)

Inter-sectoral Membership of NCD Commissions

Inter-sectoral Membership

- GOVERNMENT



- OTHER: Ministry of Youth, Sports and Culture, Grenada Food and Nutrition Council,

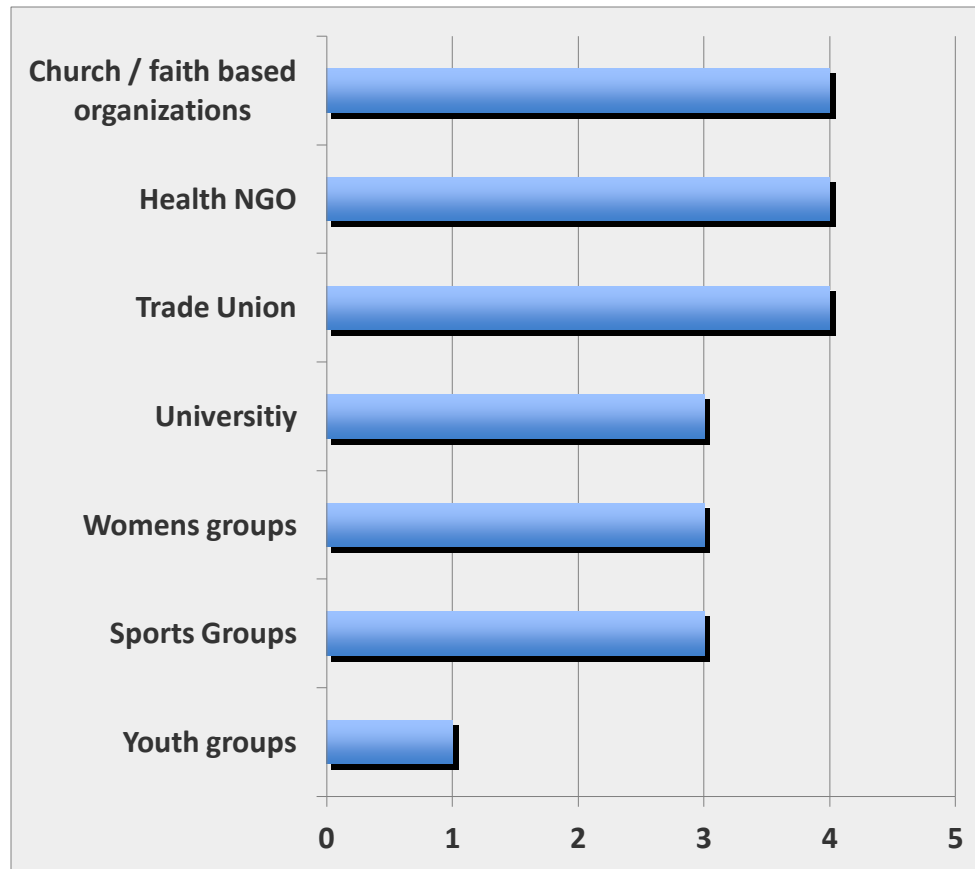
Inter-sectoral Membership

EX-OFFICIO

- Chief Medical Officer)
- NCD focal point) all
- Health Promotion officer)
- Project Manager (Barbados)
- Chief Health Planner, Chief Pharmacist, Epidemiologist,
Primary Health Care Director, CNO

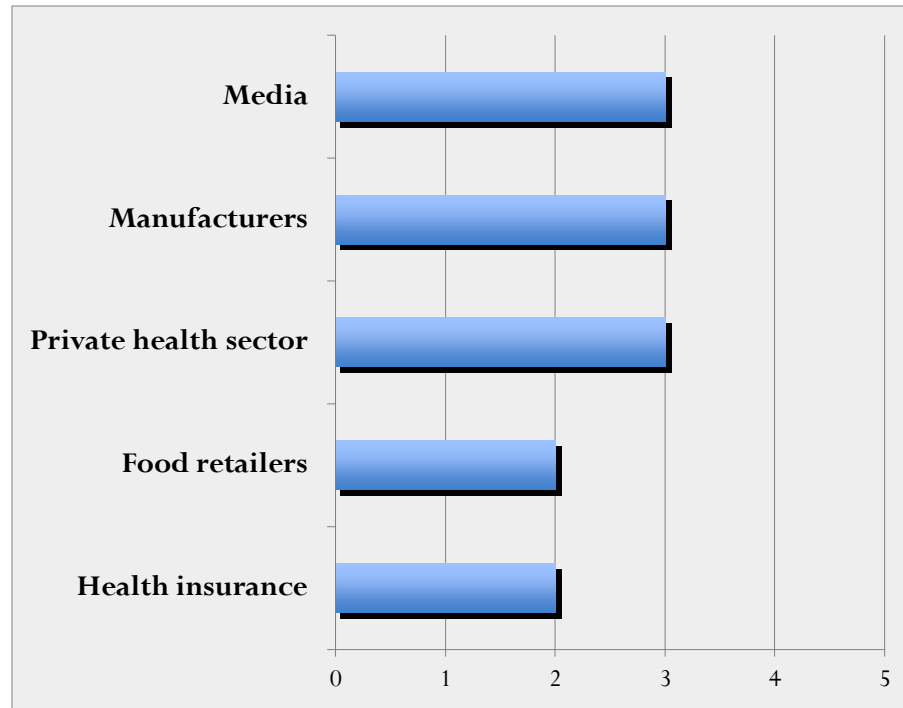
Inter-sectoral Membership

- CIVIL SOCIETY



Inter-sectoral Membership

- PRIVATE SECTOR



- OTHER: Employers Consultative Association, Chamber of Commerce and Industry

Structure and Function

Human Resources – Technical / professional Staffing

	Yes	No	Ad hoc
• Supported by MOH technical staff	2	1	2
• Dedicated technical staff	2 PT	3	
• Technical staff report to both MOH and Commission, with the latter not well defined.			
• Technical expertise of Commissioners include management, research, nutrition, wellness, fitness			
• No NCD technical area established in MOH			
• St. George's University, Grenada, provides meeting venue and administrative support			

Plans, funding, reporting

	Yes	No	Other
• Strategic Plan	3	1	1
• Budget	2	3	
• Other Sources of funding (PAHO, Corporations, private sector for specific projects)	2	2	
• Annual report <2yrs	3	2	
• Progress report prepared more frequently / minutes sent to Minister of Health			

Relationship with HIV/AIDS, Mental Health

- Workplace Wellness Mental Health and HIV/AIDS by MOH.
- Sub-committee on Mental Health, an integral part of our work. HIV/AIDS programme shares their successes methodologies
- HIV focal point now doing functions of NCD focal point but there is no connection as yet with Mental Health
- There is NO relationship
- No formal relationship. National epidemiologist is a member of the Commission
- None or ad hoc relationships only

Examples of Success Stories

OUTCOMES

- Ministry of Trade labelling guidelines
- STEPS survey
- No smoking legislation (x2)
- Enhanced awareness of harmful effects of high salt intake.
- Established and funded Barbados National Registry

PROCESS

- Workshop with food and beverage manufacturers
- Strategic Plan (x2)
- Subtechnical committees
- Increasing response from private sector
- Good participation and attendance at meetings
- Smooth transitions from one political administration to another
- Access Ministry of Health Executives

Challenges

ORGANIZATION

- Trying to do too much to too many
- Sub committees not action oriented X2
- Independence from Ministry of Health
- Inability to guarantee implementation of recommendations
- Getting political level for NCD programmes

MULTI-SECTORIALITY

- Tracking activities in CNCD by other agencies
- Stakeholder involvement
- Doesn't seem to be an issue for anyone beyond just health.
- Communicating with stakeholders

RESOURCES

- Funding X3
- Resource persons X2

CSO and Govt. perspective on NCD Commissions

	Yes	+/-	No
CSOs			
• NCD Commission established 6/11	3/11	1/11	
• Includes CSOs	8/10		1/10
Govt			
• NCD Commission established 3/9	6/9		
• Includes CSOs	7/7		
• Govt. reports less success than CSOs with establishing functional NCD Commissions			
• Agreed on near universal CSO participation			

CSO/Govt. comments on NCD Commissions

- 2 Commissions expired and not yet re-appointed
- Needs to be established with adequate funds and resources to ensure activities are executed.
- Needs to be more pro-active, specific roles.
- Needs to communicate more with CSOs e.g. newsletter or minutes
- TTCS not invited on NCD commission/mechanism.
- CSOs need advocate for its needs and promote CSO role in NCD programmes in the community.

Options for multi-sectorality in small countries struggling with NCD Commissions

Alternatives to NCD Commissions

- 80 – 100% countries >250,000 population with NCD Commissions
- 25% <250,000 with commissions
- **HOW IS CIVIL SOCIETY BEING ENGAGED IN SMALLER COUNTRIES?**

We have surveys data from (5/12)

- ST KITTS/NEVIS
- ST VINCENT & GRENADINES
- DOMINICA
- CAYMAN
- BERMUDA

St Kitts and Nevis

NCD MEETINGS

- HEALTH NGOS: Reach for Recovery Breast Cancer group, Diabetes Association,
- SERVICE CLUBS: ROTARY Clubs, LIONs Club,
- OTHERS: Foundation for National Development, Caines Family Foundation, St Kitts and Nevis Information Services, St Christopher and Nevis Social Security Board, Cuban Alumni Association
- **Caribbean Wellness Day**
- CSOs: Morning Blast Exercise Group, Football Association,
- PRIVATE SECTOR: Supermarkets, Farmers Corporation,
 - Funding from - Taiwanese Agricultural Mission,

St. Vincent & Grenadines

NATIONAL NCD CONF

- HEALTH NGOS: National Diabetic and Hypertensive Association,
- SERVICE CLUS: Lions Club
- OTHER GOVERNMENT: National Insurance Services. Rotary, Chamber of Industry and Commerce,

CARIBEANWELLNESS DAY

- CSOs participated in CWD activities organised by MOH
- PRIVATE SECTOR: National Lotteries, Solidarity Car park Inc, COURTS, with funding and encouraging staff to participate in the events
- GOVERNMENT: Central Water and Sewerage Authority

Dominica

NCD CONFERENCE

- HEALTH NGOS: Dominica Cancer Society, Dominica Diabetes Association, Dominica Health and Wellness Society (DOWHAS), Healthy lifestyle INC, CARIMAN, Dominica National Council on Aging, National Council on Women, HCC
- FAITH BASED ORGANISATIONS: Dominica Evangelical Council
- SCHOOLS / YOUTH: Ross University, Dominica National Youth Council,
- Media Workers Association,
- PRIVATE SECTOR: Banks, Rotary Club, Association of Industry and Commerce

CARIBBEAN WELLNESS DAY

- HEALTH NGOS: Dominica Cancer Society CBOs, FBOs, Youth Organisations, Healthy Community Committees,
- Service Clubs, Music industry, FBOs
- PRIVATE SECTOR: Financial Institutions, Spa Health and Wellness Association
- GOVERNMENT: Personnel Training and establishment, Adult Education, Fisheries Division, Sports division, Education, Health Districts,
- FUNDING - Ministry of Health, corporate sector, financial institutions, community resources

Cayman Islands

National NCD conference

- CSO which were able to pay a sponsorship fee was able to attend. Private businesses and international hospitals mainly. Various NGO, Insurance Companies, Medical professionals

Caribbean Wellness Day – civil society only

- Cayman Heart Fund's Children's Health Task Force, Health Services Authority, Schools

Cayman Islands CWD 2010, Ministry of Education



School Health Coordinator Joanna Rose Wright distributes fruit and water packages to students

Bermuda

- Health Partners, Community organizations related to the theme
- Department of Health takes the lead in organizing Caribbean Wellness Day celebrations.

CELEBRATING WELLNESS LOVE THAT BODY MOVE MORE BERMUDA!

Come join us for an evening of healthy fun.
Wednesday, 28 September 2011

Victoria Park • 5:00 – 8:00 p.m.

Move More with... Zumba, Line Dancing, Tai Chi, Spinning, Old Fashioned Games

Bermuda National Drum Line, Northlands Jump Rope Team, Bounce House

Health Screenings • Healthy Food • Health Information



GOVERNMENT OF BERMUDA
Ministry of Health
Department of Health



Montserrat population 5,000

CWD 2009:



CWD 2010: Antigua & Barbuda

Medical Benefits Scheme

Diabetes Village Street Fair Sept 10

- Blocked road in St. John's for Fair
- Screening , Exercise demonstrations, Healthy meals preparation
Public lectures on healthy eating, diabetes management.
- MBS half day “Camp” for children with Diabetes
- Sunday Sept 12 CWD Faith Based Organizations Fact Sheet used, plus screening in churches
- 6 week Fitness Challenge at Mt. St. John Hospital starts early October

CWD 2011: BVI Diabetes Association conducts screening



St. Lucia 2011: Love that body

- Radio and TV talks in English and Creole/ patois
- 4 media workshops
 - with Faith Based Organizations,
 - Private and Public Sectors
 - focused on increasing public awareness about health lifestyle practices
- Main event Sept 10 - Health Marathon carried live on radio / TV
- 30 booths
 - healthy products and services
 - food preparation demonstrations, sampling
 - jump rope, short skit, fitness routine by 3 health centre groups initiated by CWD
 - Zumba workout open to the public

Working with Partners



Promoting protective shoes for persons living with diabetes



Grenada Body Care Week Sept 20–26

- Move-it Monday - exercise for at least 10 mins
- Tasty Tuesday - spice up your meals with
local herbs and spices
- Walking Wednesday - walk for at least 10 mins
- Thirsty Thursday - drink more water
- Fresh fruit Friday - eat local fruits
- Soupy Saturday - drink low fat local soups
- Sunny Sunday - cheer someone, give a smile

Larger Countries - Innovations


GUYANA CWD 2011:

Krowdar group provided traditional indigenous music for the Heritage Walk. (Working with the Ministry of Amerindian Affairs)



Bahamas
Seventh
Day
Adventists

RAISING THE STANDARD FROM
Super-Size Families



**to *SUPER*
Healthy Families**




■ Obesity

Starting : **MONDAY FEB. 26, 2007 @ 5:30pm**
Bahamas Academy Auditorium • Wulff Road

8 EIGHT WEEKS
to Wellness Program

What's in it for You?

- Blood Pressure, Blood sugar & Cholesterol screening*
- Aerobic / Exercise Classes
- Health Education Classes
- Cooking Classes
- Weight Management Seminar



Register NOW : \$25.00 Adults / \$15.00 Children

Space is Limited!!!

For Further Information on the program or the screening process, Please call
Bahamas Conference of Seventh-day Adventists @ (242) 341-4022

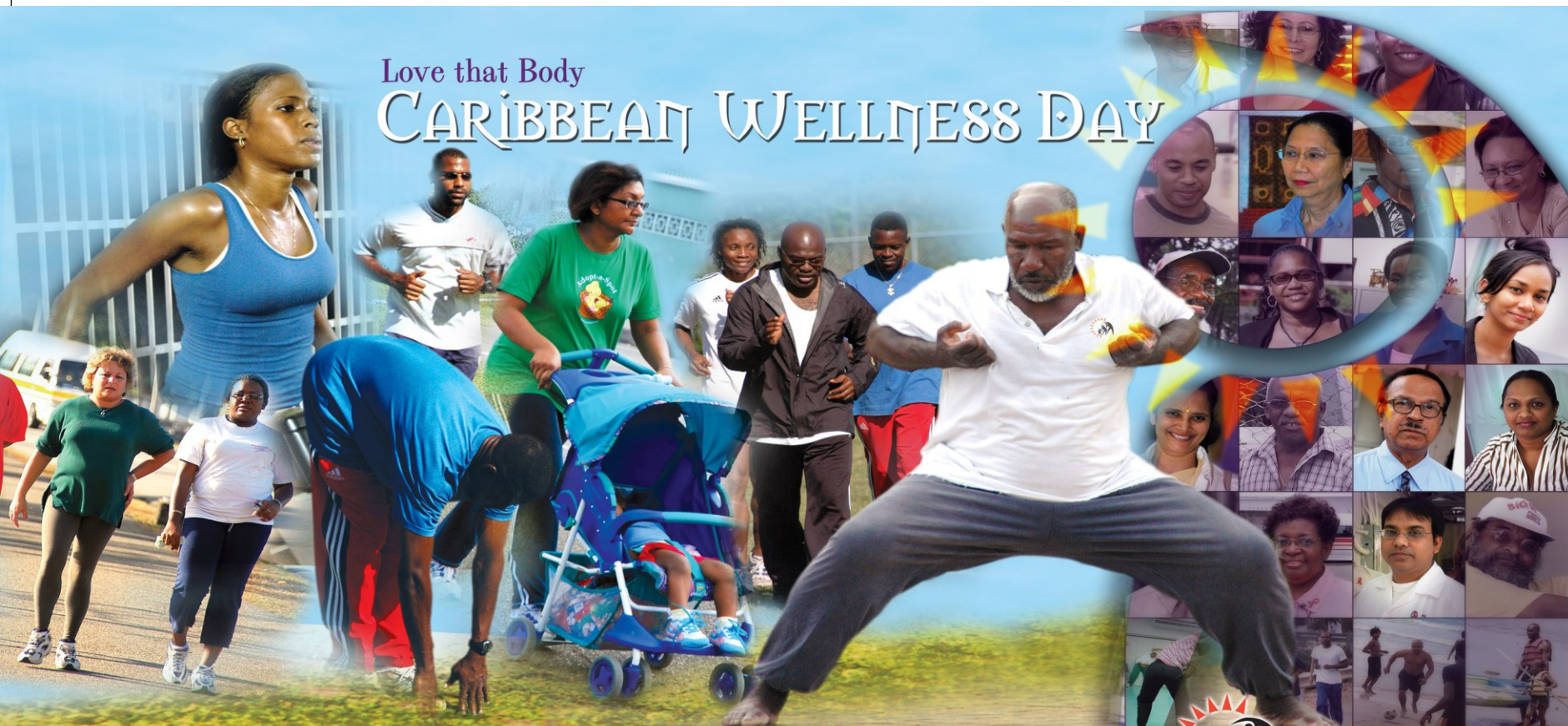
Caribbean Wellness Day

NCD Commission involvement

- Updated on plans, present in the launching and celebrations
- Indirect involvement through MOH technical and support staff on National Physical Activity task force.
- Commission led once, then supportive and facilitative role to the MOH.
- NO direct involvement.
- **Most not directly involved in execution**

Branding CWD, media

CWD posters – thanks to PAHO/PIN



**Pan American
Health
Organization**
Regional Office of the
World Health Organization

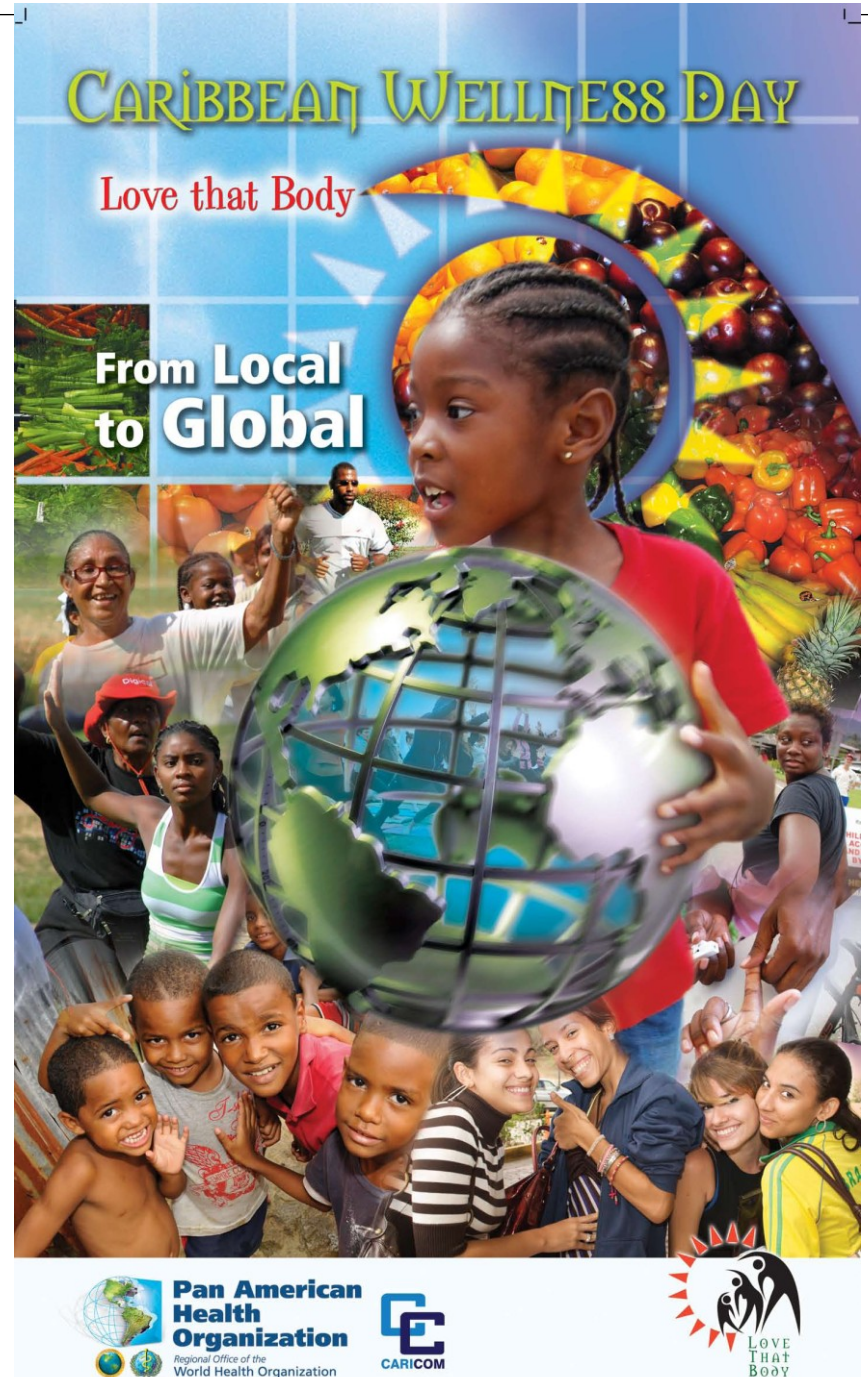


CARICOM



CWD 2011
poster:

From Local
to Global



Mobilizing CSOs: CWD Fact Sheets 2009



CARIBBEAN WELLNESS DAY

Fact Sheets

Caribbean Heads of Government, in response to the heavy burden of noncommunicable diseases on the citizens of the region, issued the Port of Spain Declaration in September 2007, "Uniting to Stop the Epidemic of Chronic Non-Communicable Diseases," and declared that the second Saturday in September should be celebrated each year as Caribbean Wellness Day.

We invite you to join us on September 12 and help support this initiative.

Promoting Healthy Lifestyles in the Workplace

Er
in



CARIBBEAN WELLNESS DAY

Fact Sheets

Chronic Diseases

Healthy Living and Faith-Based Organizations

Virtually all religions see good health as a God-given gift that should be protected to ensure both human and societal development. In Christianity, the human body is a "temple of the Holy Spirit" (1 Cor 6:19-20) that should be cared for out of reverence for God. In Islam, health is seen as the greatest blessing after faith itself, and every Muslim has the duty to safeguard that blessing. In Hinduism, essential practices such as morning baths, Yoga, and vegetarianism promote hygiene and health.



CARIBBEAN WELLNESS DAY

Fact Sheets

Chronic Diseases

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Healthy Lifestyles and Schools



CARIBBEAN WELLNESS DAY

Fact Sheets

Chronic Diseases

Information for Health Professionals



CARIBBEAN WELLNESS DAY

Fact Sheets

Chronic Diseases in the Caribbean Facts and Figures

Caribbean Heads of Government, in response to the heavy burden of noncommunicable diseases on the citizens of the region, issued the Port of Spain Declaration in September 2007, "Uniting to

KILLER NON COMMUNICABLE DISEASES

CARICOM LEADS GLOBAL ACTIONS



Working with the Media

Regional NCD newspaper
supplement

Sunday , Sept 25th 2011

*Cover photo: Scotiabank
Women Against Breast
Cancer 5K, Port of Spain,
September 2011*

Sponsored by Pepsico

CSO & Private Sector led community-based health promotion

Diego Martin Ciclovía in T&T

The Caribbean's 1st ciclovia:

Started on 1st Caribbean Wellness Day Sept 13th 2008

- Every Sunday, 6am to 9am - 2 km Diego Martin H'way
- includes a Physical Activity class

5 years approx 50 times each year = 250 events



TRT ciclocia = “Streets for Wellness” or “Keep Moving Family Fitness Sundays

- POS NCD Summit Declaration encourages this community based mass physical activity
- Community members like impact of the event on
 - community cohesion, bringing upper middle class and lower socio-economic communities together
 - their own physical and mental fitness

INTER-SECTORAL SUPPORTS:

- Local Laundromat provides the electricity for the sound system, Beacon Insurance Company, Mike's Bikes
- Police and ambulance services, Ministry of Sports, Ministry of Health

Mr. Michael Phillips, (Mike's Bikes), the driving force behind the five years of Weekly "ciclovia" in Diego Martin. Seated at the projector, Ms. Yvonne Lewis, Director of Health Promotion, MOH



Mr. Gerard Hadeed, CEO, Beacon Insurance, sponsors the ciclovia and participates weekly



The youth taking advantage of the blocked roads as “streets for wellness”



IMPACT OF THE CICLOVIA ON THE PHYSICAL ACTIVITY OF DIEGO MARTIN RESIDENTS:

Dr. Shelly Mohan, MPH research project

Results

- Knowledge of the ciclovía and having ever participated were positively associated with achieving the recommended amount of physical activity per week
- using Chi Square tests and logistic regression

Summary

- **Overview of current response**

NCD Commissions mostly in larger countries

CSOs appear to mostly do their own work, and have

Inter-sectoral linkages through NCD Meetings, and participation in CWD.

- **Major achievements**

NCD Commissions in 6/7 larger countries

Institutionalization of CWD, with functional inter-sectoral collaboration

- **Major Challenges**

Operationalising inter-sectoral work

Role of NCD Commissions in CWD

- **Potential role of advocacy**

Internal advocacy for inter-sectoral linkages and strengthening networking capacity

Recommendations for the call for action

- Strengthen networking among CSOs in each country
- Determine best mechanism for intersectoral work in smaller countries
- Assist in building capacity of existing NCD Commissions to
 - define their roles and
- effective implementation to impact health status of their populations.
- Clear outcomes/deliverables and activities from NCD Meetings
- Specific lead agency and multi-stakeholder team to plan and execute CWD
- Role of NCD Commissions in CWD clarified