

# THE TRINIDAD & TOBAGO HEART FOUNDATION WORLD HEART DAY SCHEDULE 2013

DATE	ACTIVITY	ACTIVITY	TIME	Comments
Monday 23 Sept	WEAR RED DAY	WEAR RED DAY	ALL DAY	17.2 Million People Die of CAD Globally every year , in T&T 50% of the Deaths yearly are related to CAD and the cause is mainly Heart Attacks and Strokes. TTHF Mobilise members of the public to wear RED in support of those who have been diagnosed with CAD as part of our awareness campaign and in support of Families, and freinds who have had a loved one circum to CAD.
Eiday 27 Sept	GULF CITY ATRIUM - Health Fair & Launch of RED Couch Interviews with a stage setting. Video presentations will be made on CAD and awareness will be provided on the signs and symptoms on Heart attacks and Strokes.	This entire event will be videoed and uploaded to Electronic and social Media	3pm - 6pm	This activity encompasses a few elements- a mini Health Fair, It has the launch of the TTHF's Red couch interviews where specially invited Guess will be interviewed and share with the public facts and information about CAD. Members of the public will also be chosen at random to be interviewed to give their take on CAD. A Stage set up is done with Back drop and branding of the TTHF's Sponsors.
Sunday 29 Sept	World Heart Day	TTHF Meeting		World Heart Day
Monday 30 Sept				
Thursday 3 Oct	TTHF's/ Guardian Holding's WORLD HEART DAY LECTURE Guest Speaker Medtronic	This event is the TTHF's annual 2nd annual World Heart Day Lecture	5:30pm - 9pm	TTHF's Guardian / Holdings WORLD HEART DAY LECTURE 3.5 Hr program with refreshments served from 5:30pm and program and lecture starting at 6:45pmThis event is the TTHF's annual 2nd annual World Heart Day Lecture
Friday 4 Oct	UNILEVER - Lecture & Video Presentation CAD Awareness display and Red Couch interviews		12pm - 2pm	