



Gluten Free!

Food Sampling!

"Enjoy a fun-filled day for the entire family!"

The Diabetes Association of Barbados Presents

"Power to Prevent Diabetes and its Complications"



DIABETES
ASSOCIATION OF BARBADOS
unite for diabetes

Colgate



Saturday April 12th, 2014

Join us at **Ilaro Court Two Mile Hill St. Michael** from **1 pm to 6 pm** for Informative and Interactive practical measures on **Cultivating a Healthy Lifestyle** featuring Demos, Tasting, Physical Activities and Prizes!

Admission: Adults \$10 | Children \$5

- Drop the children off at the Kids' Zone and bring out your OWN inner child!
- Enjoy sumptuous healthy food and drink.
- Listen to the sounds of melodious steel pan music
- Springer Memorial Orchestra and other live entertainment
- Tastings, Live Demos, Zumba and Dance
- Health checks and Consultations with Health Professionals
- Round off the day with CrossFit-Island Fit Special



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