

**JOIN THE MOVEMENT**

**SUNDAY FEB 8TH 2009**

**BODIES IN MOTION™**

**Health Fair Featuring  
A SEVEN HOUR Exercise Marathon**

Presented by

**Books R Tremendous Inc,  
The Fitness Instructors of Barbados,  
The Barbados Cancer Society &  
Starcom Network Inc**

Under the patronage of the Prime Minister of Barbados  
The Right Honorable: Mr. David Thompson.

Aerobics, Tai Chi, Kick Boxing, Yoga, Pilates, Boot Camp, Core Training, Health Lectures, Blood Pressure & Blood Sugar Testing, Weight Management Counseling, Supplements, Kids Jumping Tents, Health Foods & Drinks, and More

**Time:** 9.30 am—5.00 pm

**Venue:** Lloyd Erskine Sandiford Conference Center

**Admission:** Adults **\$15.00**

**Children:** 12 and under **FREE**

**Bring the entire family to a day of Health, Food, Fitness and Fun**

**GET HEALTHY. GET ACTIVE.**

**If You Love Life, Live Fit!**

Part Proceeds Go To The Barbados Cancer Society